

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2020

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,569,219	2,362	68,976	3,582	1,169,516	323,564	1,219
0-4	134,277	203	5,911	308	100,079	27,670	106
0	25,117	38	1,105	58	18,720	5,176	20
1	26,299	40	1,158	60	19,602	5,419	20
2	27,268	41	1,201	62	20,323	5,619	22
3	27,785	42	1,223	64	20,708	5,726	22
4	27,808	42	1,224	64	20,726	5,730	22
5-9	135,833	204	5,979	312	101,241	27,990	107
5	27,756	42	1,222	64	20,687	5,719	22
6	27,665	42	1,218	63	20,619	5,701	22
7	27,429	41	1,207	63	20,444	5,652	22
8	26,885	40	1,183	62	20,039	5,540	21
9	26,098	39	1,149	60	19,452	5,378	20
10-14	122,619	184	5,398	281	91,391	25,269	96
10	25,409	38	1,118	58	18,938	5,237	20
11	24,919	38	1,097	57	18,572	5,135	20
12	24,463	36	1,077	56	18,233	5,041	20
13	24,071	36	1,060	55	17,942	4,960	18
14	23,757	36	1,046	55	17,706	4,896	18
15-19	118,704	180	5,225	274	88,472	24,463	90
15	23,600	36	1,039	55	17,589	4,863	18
16	23,608	36	1,039	54	17,596	4,865	18
17	23,708	36	1,044	55	17,669	4,886	18
18	23,756	36	1,045	55	17,706	4,896	18
19	24,032	36	1,058	55	17,912	4,953	18
20-24	121,797	183	5,357	278	90,779	25,105	95
25-29	116,505	176	5,125	266	86,834	24,014	90
30-34	114,800	175	5,049	262	85,557	23,667	90
35-39	116,310	175	5,110	265	86,682	23,986	92
40-44	113,314	170	4,981	259	84,452	23,365	87
45-49	104,506	157	4,597	239	77,887	21,544	82
50-54	93,203	141	4,097	212	69,464	19,217	72
55-59	79,643	119	3,498	181	59,354	16,430	61
60-64	64,020	96	2,809	145	47,710	13,210	50
65-69	49,223	72	2,156	112	36,682	10,164	37
70-74	34,323	52	1,501	77	25,575	7,091	27
75-79	23,357	35	1,019	52	17,404	4,829	18
80-84	13,954	21	608	31	10,396	2,888	10
85 y más	12,831	19	556	28	9,557	2,662	9
Hombres	775,857	1,272	35,532	2,028	579,258	157,113	654
0-4	68,666	112	3,145	179	51,267	13,905	58
0	12,849	21	588	34	9,593	2,602	11
1	13,452	22	616	35	10,044	2,724	11
2	13,945	23	639	36	10,411	2,824	12
3	14,207	23	651	37	10,607	2,877	12
4	14,213	23	651	37	10,612	2,878	12
5-9	69,433	113	3,180	182	51,840	14,059	59
5	14,185	23	650	37	10,591	2,872	12
6	14,140	23	648	37	10,557	2,863	12
7	14,020	23	642	37	10,467	2,839	12
8	13,743	22	629	36	10,261	2,783	12
9	13,345	22	611	35	9,964	2,702	11
10-14	62,730	102	2,872	164	46,836	12,703	53
10	13,000	21	595	34	9,706	2,633	11
11	12,752	21	584	33	9,521	2,582	11
12	12,518	20	573	33	9,346	2,535	11
13	12,318	20	564	32	9,198	2,494	10
14	12,142	20	556	32	9,065	2,459	10
15-19	60,432	100	2,768	159	45,118	12,237	50
15	12,042	20	552	32	8,990	2,438	10
16	12,036	20	551	31	8,987	2,437	10
17	12,073	20	553	32	9,013	2,445	10
18	12,078	20	553	32	9,017	2,446	10
19	12,203	20	559	32	9,111	2,471	10
20-24	61,519	100	2,817	160	45,934	12,458	50
25-29	58,799	96	2,693	153	43,900	11,907	50
30-34	57,496	95	2,633	150	42,924	11,644	50
35-39	57,238	95	2,620	150	42,731	11,592	50
40-44	55,918	92	2,562	146	41,748	11,323	47
45-49	52,107	85	2,387	136	38,904	10,551	44
50-54	46,171	76	2,115	121	34,471	9,350	38
55-59	38,532	63	1,765	100	28,768	7,804	32
60-64	30,142	49	1,380	79	22,505	6,103	26
65-69	22,377	36	1,025	59	16,708	4,531	18

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2020**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	15,053	25	689	39	11,239	3,048	13
75-79	9,749	17	446	26	7,278	1,974	8
80-84	5,374	9	246	14	4,011	1,089	5
85 y más	4,121	7	189	11	3,076	835	3
Mujeres	793,362	1,090	33,444	1,554	590,258	166,451	565
0-4	65,611	91	2,766	129	48,812	13,765	48
0	12,268	17	517	24	9,127	2,574	9
1	12,847	18	542	25	9,558	2,695	9
2	13,323	18	562	26	9,912	2,795	10
3	13,578	19	572	27	10,101	2,849	10
4	13,595	19	573	27	10,114	2,852	10
5-9	66,400	91	2,799	130	49,401	13,931	48
5	13,571	19	572	27	10,096	2,847	10
6	13,525	19	570	26	10,062	2,838	10
7	13,409	18	565	26	9,977	2,813	10
8	13,142	18	554	26	9,778	2,757	9
9	12,753	17	538	25	9,488	2,676	9
10-14	59,889	82	2,526	117	44,555	12,566	43
10	12,409	17	523	24	9,232	2,604	9
11	12,167	17	513	24	9,051	2,553	9
12	11,945	16	504	23	8,887	2,506	9
13	11,753	16	496	23	8,744	2,466	8
14	11,615	16	490	23	8,641	2,437	8
15-19	58,272	80	2,457	115	43,354	12,226	40
15	11,558	16	487	23	8,599	2,425	8
16	11,572	16	488	23	8,609	2,428	8
17	11,635	16	491	23	8,656	2,441	8
18	11,678	16	492	23	8,689	2,450	8
19	11,829	16	499	23	8,801	2,482	8
20-24	60,278	83	2,540	118	44,845	12,647	45
25-29	57,706	80	2,432	113	42,934	12,107	40
30-34	57,304	80	2,416	112	42,633	12,023	40
35-39	59,072	80	2,490	115	43,951	12,394	42
40-44	57,396	78	2,419	113	42,704	12,042	40
45-49	52,399	72	2,210	103	38,983	10,993	38
50-54	47,032	65	1,982	91	34,993	9,867	34
55-59	41,111	56	1,733	81	30,586	8,626	29
60-64	33,878	47	1,429	66	25,205	7,107	24
65-69	26,846	36	1,131	53	19,974	5,633	19
70-74	19,270	27	812	38	14,336	4,043	14
75-79	13,608	18	573	26	10,126	2,855	10
80-84	8,580	12	362	17	6,385	1,799	5
85 y más	8,710	12	367	17	6,481	1,827	6

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2021

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,585,175	2,295	70,755	3,548	1,187,894	319,467	1,216
0-4	129,578	188	5,791	293	97,107	26,098	101
0	23,160	34	1,035	52	17,357	4,664	18
1	25,087	36	1,121	57	18,800	5,053	20
2	26,281	38	1,175	60	19,695	5,293	20
3	27,264	40	1,218	62	20,431	5,492	21
4	27,786	40	1,242	62	20,824	5,596	22
5-9	137,557	200	6,148	309	103,087	27,706	107
5	27,807	40	1,243	63	20,839	5,600	22
6	27,757	40	1,241	62	20,801	5,591	22
7	27,669	40	1,236	62	20,736	5,573	22
8	27,434	40	1,226	62	20,559	5,526	21
9	26,890	40	1,202	60	20,152	5,416	20
10-14	125,241	182	5,597	282	93,858	25,226	96
10	26,109	38	1,167	59	19,566	5,259	20
11	25,448	37	1,137	57	19,071	5,126	20
12	24,978	36	1,116	56	18,719	5,031	20
13	24,542	36	1,097	55	18,393	4,943	18
14	24,164	35	1,080	55	18,109	4,867	18
15-19	119,180	174	5,326	267	89,318	24,005	90
15	23,875	35	1,067	53	17,894	4,808	18
16	23,731	34	1,061	53	17,785	4,780	18
17	23,755	35	1,061	53	17,803	4,785	18
18	23,880	35	1,067	54	17,896	4,810	18
19	23,939	35	1,070	54	17,940	4,822	18
20-24	122,428	176	5,469	276	91,747	24,666	94
25-29	117,734	171	5,260	264	88,230	23,719	90
30-34	114,397	165	5,108	257	85,728	23,049	90
35-39	115,748	169	5,167	258	86,738	23,328	88
40-44	114,377	167	5,104	256	85,711	23,054	85
45-49	105,886	154	4,726	237	79,350	21,336	83
50-54	95,311	137	4,255	213	71,426	19,207	73
55-59	81,886	118	3,653	183	61,363	16,506	63
60-64	66,308	96	2,955	147	49,686	13,373	51
65-69	51,415	73	2,288	114	38,525	10,376	39
70-74	35,898	51	1,595	80	26,896	7,249	27
75-79	24,399	34	1,083	53	18,278	4,932	19
80-84	14,648	21	650	31	10,972	2,963	11
85 y más	13,184	19	580	28	9,874	2,674	9
Hombres	783,433	1,226	36,374	2,008	588,143	155,029	653
0-4	66,253	104	3,076	170	49,737	13,110	56
0	11,842	19	550	30	8,890	2,343	10
1	12,827	20	595	33	9,630	2,538	11
2	13,438	21	624	35	10,088	2,659	11
3	13,940	22	647	36	10,464	2,759	12
4	14,206	22	660	36	10,665	2,811	12
5-9	70,305	110	3,264	180	52,780	13,912	59
5	14,212	22	660	37	10,669	2,812	12
6	14,185	22	659	36	10,649	2,807	12
7	14,141	22	656	36	10,617	2,798	12
8	14,022	22	651	36	10,526	2,775	12
9	13,745	22	638	35	10,319	2,720	11
10-14	64,050	100	2,974	164	48,084	12,675	53
10	13,350	21	620	34	10,022	2,642	11
11	13,017	20	604	33	9,773	2,576	11
12	12,775	20	593	33	9,590	2,528	11
13	12,552	20	583	32	9,423	2,484	10
14	12,356	19	574	32	9,276	2,445	10
15-19	60,671	95	2,817	155	45,549	12,005	50
15	12,191	19	566	31	9,153	2,412	10
16	12,095	19	562	31	9,080	2,393	10
17	12,094	19	561	31	9,080	2,393	10
18	12,142	19	564	31	9,115	2,403	10
19	12,149	19	564	31	9,121	2,404	10
20-24	61,796	96	2,869	160	46,391	12,230	50
25-29	59,358	93	2,756	152	44,561	11,746	50
30-34	57,407	90	2,665	147	43,095	11,360	50
35-39	57,072	90	2,651	145	42,844	11,294	48
40-44	56,280	89	2,613	144	42,251	11,138	45
45-49	52,683	83	2,445	135	39,550	10,425	45
50-54	47,319	74	2,197	122	35,524	9,363	39
55-59	39,760	61	1,846	102	29,851	7,867	33
60-64	31,297	49	1,453	80	23,497	6,192	26
65-69	23,420	36	1,087	60	17,583	4,635	19

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2021**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	15,743	24	731	41	11,819	3,115	13
75-79	10,173	16	472	26	7,636	2,014	9
80-84	5,646	9	263	14	4,238	1,117	5
85 y más	4,200	7	195	11	3,153	831	3
Mujeres	801,742	1,069	34,381	1,540	599,751	164,438	563
0-4	63,325	84	2,715	123	47,370	12,988	45
0	11,318	15	485	22	8,467	2,321	8
1	12,260	16	526	24	9,170	2,515	9
2	12,843	17	551	25	9,607	2,634	9
3	13,324	18	571	26	9,967	2,733	9
4	13,580	18	582	26	10,159	2,785	10
5-9	67,252	90	2,884	129	50,307	13,794	48
5	13,595	18	583	26	10,170	2,788	10
6	13,572	18	582	26	10,152	2,784	10
7	13,528	18	580	26	10,119	2,775	10
8	13,412	18	575	26	10,033	2,751	9
9	13,145	18	564	25	9,833	2,696	9
10-14	61,191	82	2,623	118	45,774	12,551	43
10	12,759	17	547	25	9,544	2,617	9
11	12,431	17	533	24	9,298	2,550	9
12	12,203	16	523	23	9,129	2,503	9
13	11,990	16	514	23	8,970	2,459	8
14	11,808	16	506	23	8,833	2,422	8
15-19	58,509	79	2,509	112	43,769	12,000	40
15	11,684	16	501	22	8741	2396	8
16	11,636	15	499	22	8705	2387	8
17	11,661	16	500	22	8723	2392	8
18	11,738	16	503	23	8781	2407	8
19	11,790	16	506	23	8819	2418	8
20-24	60,632	80	2600	116	45356	12436	44
25-29	58,376	78	2504	112	43669	11973	40
30-34	56,990	75	2443	110	42633	11689	40
35-39	58,676	79	2516	113	43894	12034	40
40-44	58,097	78	2491	112	43460	11916	40
45-49	53,203	71	2281	102	39800	10911	38
50-54	47,992	63	2058	91	35902	9844	34
55-59	42,126	57	1807	81	31512	8639	30
60-64	35,011	47	1502	67	26189	7181	25
65-69	27,995	37	1201	54	20942	5741	20
70-74	20,155	27	864	39	15077	4134	14
75-79	14,226	18	611	27	10642	2918	10
80-84	9,002	12	387	17	6734	1846	6
85 y más	8,984	12	385	17	6721	1843	6

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2022

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,601,014	2,239	72,504	3,526	1,206,018	315,518	1,209
0-4	123,676	174	5,608	272	93,169	24,358	95
0	21,926	31	994	48	16,519	4,318	16
1	23,136	33	1,049	51	17,428	4,557	18
2	25,071	35	1,137	55	18,887	4,937	20
3	26,279	37	1,192	58	19,796	5,176	20
4	27,264	38	1,236	60	20,539	5,370	21
5-9	138,457	194	6,279	308	104,300	27,271	105
5	27,783	39	1,260	62	20,929	5,472	21
6	27,810	39	1,261	62	20,949	5,478	21
7	27,758	39	1,259	62	20,910	5,467	21
8	27,669	39	1,255	62	20,842	5,450	21
9	27,437	38	1,244	60	20,670	5,404	21
10-14	128,251	181	5,815	285	96,613	25,259	98
10	26,897	38	1,219	60	20,262	5,298	20
11	26,143	37	1,186	58	19,693	5,149	20
12	25,507	36	1,156	57	19,215	5,023	20
13	25,062	35	1,137	55	18,879	4,936	20
14	24,642	35	1,117	55	18,564	4,853	18
15-19	120,191	166	5,450	265	90,546	23,674	90
15	24,289	34	1,102	53	18,298	4,784	18
16	24,011	33	1,089	53	18,089	4,729	18
17	23,886	33	1,083	53	17,994	4,705	18
18	23,937	33	1,085	53	18,033	4,715	18
19	24,068	33	1,091	53	18,132	4,741	18
20-24	122,592	173	5,556	269	92,351	24,151	92
25-29	119,251	168	5,403	264	89,833	23,493	90
30-34	114,276	160	5,177	252	86,087	22,514	86
35-39	115,211	160	5,217	255	86,790	22,704	85
40-44	115,113	160	5,213	253	86,712	22,690	85
45-49	107,389	152	4,865	237	80,890	21,162	83
50-54	97,437	136	4,415	216	73,397	19,199	74
55-59	84,122	117	3,806	184	63,369	16,582	64
60-64	68,834	96	3,112	151	51,848	13,575	52
65-69	53,620	74	2,422	117	40,387	10,579	41
70-74	37,863	52	1,708	82	28,515	7,478	28
75-79	25,540	36	1,150	54	19,233	5,048	19
80-84	15,500	21	696	33	11,673	3,066	11
85 y más	13,691	19	612	29	10,305	2,715	11
Hombres	791,206	1,188	37,203	1,998	597,087	153,079	651
0-4	63,226	95	2,973	159	47,713	12,233	53
0	11,216	17	527	28	8,465	2,170	9
1	11,825	18	556	30	8,923	2,288	10
2	12,815	19	603	32	9,671	2,479	11
3	13,432	20	632	34	10,136	2,599	11
4	13,938	21	655	35	10,518	2,697	12
5-9	70,768	105	3,327	179	53,405	13,692	60
5	14,206	21	668	36	10,720	2,749	12
6	14,212	21	668	36	10,725	2,750	12
7	14,185	21	667	36	10,705	2,744	12
8	14,141	21	665	36	10,671	2,736	12
9	14,024	21	659	35	10,584	2,713	12
10-14	65,566	99	3,083	166	49,479	12,685	54
10	13,748	21	646	35	10,375	2,660	11
11	13,366	20	629	34	10,086	2,586	11
12	13,042	20	613	33	9,842	2,523	11
13	12,814	19	603	32	9,670	2,479	11
14	12,596	19	592	32	9,506	2,437	10
15-19	61,215	91	2,879	155	46,197	11,843	50
15	12,411	19	584	31	9,366	2,401	10
16	12,249	18	576	31	9,244	2,370	10
17	12,161	18	572	31	9,177	2,353	10
18	12,174	18	572	31	9,188	2,355	10
19	12,220	18	575	31	9,222	2,364	10
20-24	61,877	94	2,910	155	46,696	11,972	50
25-29	60,062	91	2,824	152	45,324	11,621	50
30-34	57,420	85	2,699	145	43,336	11,109	46
35-39	56,977	85	2,678	145	43,001	11,023	45
40-44	56,522	85	2,658	143	42,655	10,936	45
45-49	53,305	81	2,507	135	40,224	10,313	45
50-54	48,460	73	2,280	123	36,569	9,375	40
55-59	41,030	61	1,928	103	30,965	7,939	34
60-64	32,599	49	1,533	82	24,601	6,307	27
65-69	24,523	36	1,153	62	18,507	4,744	21

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2022**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	16,638	25	782	42	12,556	3,220	13
75-79	10,671	17	502	26	8,052	2,065	9
80-84	5,994	9	282	15	4,523	1,160	5
85 y más	4,353	7	205	11	3,284	842	4
Mujeres	809,808	1,051	35,301	1,528	608,931	162,439	558
0-4	60,450	79	2,635	113	45,456	12,125	42
0	10,710	14	467	20	8,054	2,148	7
1	11,311	15	493	21	8,505	2,269	8
2	12,256	16	534	23	9,216	2,458	9
3	12,847	17	560	24	9,660	2,577	9
4	13,326	17	581	25	10,021	2,673	9
5-9	67,689	89	2,952	129	50,895	13,579	45
5	13,577	18	592	26	10,209	2,723	9
6	13,598	18	593	26	10,224	2,728	9
7	13,573	18	592	26	10,205	2,723	9
8	13,528	18	590	26	10,171	2,714	9
9	13,413	17	585	25	10,086	2,691	9
10-14	62,685	82	2,732	119	47,134	12,574	44
10	13,149	17	573	25	9,887	2,638	9
11	12,777	17	557	24	9,607	2,563	9
12	12,465	16	543	24	9,373	2,500	9
13	12,248	16	534	23	9,209	2,457	9
14	12,046	16	525	23	9,058	2,416	8
15-19	58,976	75	2,571	110	44,349	11,831	40
15	11,878	15	518	22	8932	2383	8
16	11,762	15	513	22	8845	2359	8
17	11,725	15	511	22	8817	2352	8
18	11,763	15	513	22	8845	2360	8
19	11,848	15	516	22	8910	2377	8
20-24	60,715	79	2646	114	45655	12179	42
25-29	59,189	77	2579	112	44509	11872	40
30-34	56,856	75	2478	107	42751	11405	40
35-39	58,234	75	2539	110	43789	11681	40
40-44	58,591	75	2555	110	44057	11754	40
45-49	54,084	71	2358	102	40666	10849	38
50-54	48,977	63	2135	93	36828	9824	34
55-59	43,092	56	1878	81	32404	8643	30
60-64	36,235	47	1579	69	27247	7268	25
65-69	29,097	38	1269	55	21880	5835	20
70-74	21,225	27	926	40	15959	4258	15
75-79	14,869	19	648	28	11181	2983	10
80-84	9,506	12	414	18	7150	1906	6
85 y más	9,338	12	407	18	7021	1873	7

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2023

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,617,248	2,198	74,247	3,500	1,224,247	311,848	1,208
0-4	117,504	160	5,402	256	88,954	22,644	88
0	21,110	29	971	46	15,980	4,068	16
1	21,910	30	1,007	48	16,587	4,222	16
2	23,126	31	1,063	50	17,507	4,457	18
3	25,075	34	1,153	55	18,983	4,832	18
4	26,283	36	1,208	57	19,897	5,065	20
5-9	138,294	189	6,356	300	104,694	26,651	104
5	27,264	37	1,253	60	20,640	5,254	20
6	27,786	38	1,277	60	21,035	5,355	21
7	27,813	38	1,278	60	21,056	5,360	21
8	27,758	38	1,276	60	21,014	5,349	21
9	27,673	38	1,272	60	20,949	5,333	21
10-14	131,429	180	6,043	285	99,495	25,327	99
10	27,447	37	1,262	60	20,779	5,289	20
11	26,948	37	1,238	58	20,402	5,193	20
12	26,223	36	1,206	57	19,851	5,053	20
13	25,616	35	1,178	55	19,391	4,937	20
14	25,195	35	1,159	55	19,072	4,855	19
15-19	121,773	165	5,597	263	92,189	23,469	90
15	24,802	33	1,140	53	18,778	4,780	18
16	24,468	33	1,125	53	18,523	4,716	18
17	24,208	33	1,113	53	18,325	4,666	18
18	24,119	33	1,108	52	18,260	4,648	18
19	24,176	33	1,111	52	18,303	4,659	18
20-24	122,834	166	5,643	268	92,989	23,678	90
25-29	120,842	164	5,551	263	91,481	23,293	90
30-34	114,489	156	5,260	247	86,670	22,070	86
35-39	114,704	158	5,265	247	86,833	22,116	85
40-44	115,446	158	5,298	250	87,391	22,264	85
45-49	108,980	147	5,003	236	82,498	21,013	83
50-54	99,449	135	4,567	216	75,283	19,173	75
55-59	86,384	117	3,964	187	65,392	16,660	64
60-64	71,496	96	3,278	154	54,119	13,795	54
65-69	55,844	75	2,557	120	42,268	10,782	42
70-74	40,144	55	1,837	86	30,379	7,757	30
75-79	26,780	36	1,223	58	20,265	5,178	20
80-84	16,493	22	752	35	12,481	3,191	12
85 y más	14,363	19	651	29	10,866	2,787	11
Hombres	799,227	1,167	38,086	1,982	606,088	151,254	650
0-4	60,068	88	2,863	149	45,551	11,368	49
0	10,802	16	515	27	8,191	2,044	9
1	11,203	16	534	28	8,496	2,120	9
2	11,818	17	563	29	8,962	2,237	10
3	12,813	19	611	32	9,716	2,425	10
4	13,432	20	640	33	10,186	2,542	11
5-9	70,692	104	3,368	175	53,607	13,379	59
5	13,941	20	664	35	10,573	2,638	11
6	14,206	21	677	35	10,772	2,689	12
7	14,214	21	677	35	10,779	2,690	12
8	14,186	21	676	35	10,757	2,685	12
9	14,145	21	674	35	10,726	2,677	12
10-14	67,169	98	3,202	166	50,937	12,711	55
10	14,031	20	669	35	10,641	2,655	11
11	13,772	20	656	34	10,445	2,606	11
12	13,401	20	639	33	10,162	2,536	11
13	13,091	19	624	32	9,927	2,478	11
14	12,874	19	614	32	9,762	2,436	11
15-19	62,034	90	2,956	153	47,045	11,740	50
15	12,667	18	604	31	9,607	2,397	10
16	12,490	18	595	31	9,472	2,364	10
17	12,336	18	588	31	9,354	2,335	10
18	12,265	18	584	30	9,302	2,321	10
19	12,276	18	585	30	9,310	2,323	10
20-24	62,017	90	2,955	155	47,030	11,737	50
25-29	60,802	88	2,897	151	46,110	11,506	50
30-34	57,565	85	2,743	142	43,654	10,895	46
35-39	56,914	85	2,711	140	43,162	10,771	45
40-44	56,623	83	2,698	140	42,941	10,716	45
45-49	53,963	78	2,571	134	40,923	10,212	45
50-54	49,515	72	2,360	123	37,549	9,371	40
55-59	42,310	61	2,016	105	32,086	8,008	34
60-64	33,983	49	1,620	85	25,770	6,431	28
65-69	25,652	37	1,222	64	19,454	4,854	21

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2023**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	17,686	26	844	44	13,410	3,348	14
75-79	11,230	17	535	29	8,513	2,126	10
80-84	6,406	9	306	16	4,859	1,211	5
85 y más	4,598	7	219	11	3,487	870	4
Mujeres	818,021	1,031	36,161	1,518	618,159	160,594	558
0-4	57,436	72	2,539	107	43,403	11,276	39
0	10,308	13	456	19	7,789	2,024	7
1	10,707	14	473	20	8,091	2,102	7
2	11,308	14	500	21	8,545	2,220	8
3	12,262	15	542	23	9,267	2,407	8
4	12,851	16	568	24	9,711	2,523	9
5-9	67,602	85	2,988	125	51,087	13,272	45
5	13,323	17	589	25	10,067	2,616	9
6	13,580	17	600	25	10,263	2,666	9
7	13,599	17	601	25	10,277	2,670	9
8	13,572	17	600	25	10,257	2,664	9
9	13,528	17	598	25	10,223	2,656	9
10-14	64,260	82	2,841	119	48,558	12,616	44
10	13,416	17	593	25	10,138	2,634	9
11	13,176	17	582	24	9,957	2,587	9
12	12,822	16	567	24	9,689	2,517	9
13	12,525	16	554	23	9,464	2,459	9
14	12,321	16	545	23	9,310	2,419	8
15-19	59,739	75	2,641	110	45,144	11,729	40
15	12,135	15	536	22	9,171	2,383	8
16	11,978	15	530	22	9,051	2,352	8
17	11,872	15	525	22	8,971	2,331	8
18	11,854	15	524	22	8,958	2,327	8
19	11,900	15	526	22	8,993	2,336	8
20-24	60,817	76	2,688	113	45,959	11,941	40
25-29	60,040	76	2,654	112	45,371	11,787	40
30-34	56,924	71	2,517	105	43,016	11,175	40
35-39	57,790	73	2,554	107	43,671	11,345	40
40-44	58,823	75	2,600	110	44,450	11,548	40
45-49	55,017	69	2,432	102	41,575	10,801	38
50-54	49,934	63	2,207	93	37,734	9,802	35
55-59	44,074	56	1,948	82	33,306	8,652	30
60-64	37,513	47	1,658	69	28,349	7,364	26
65-69	30,192	38	1,335	56	22,814	5,928	21
70-74	22,458	29	993	42	16,969	4,409	16
75-79	15,550	19	688	29	11,752	3,052	10
80-84	10,087	13	446	19	7,622	1,980	7
85 y más	9,765	12	432	18	7,379	1,917	7

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2024

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,632,478	2,155	75,919	3,474	1,241,481	308,241	1,208
0-4	111,113	147	5,174	237	84,506	20,966	83
0	19,901	26	927	43	15,135	3,755	15
1	21,096	28	982	45	16,044	3,981	16
2	21,902	29	1,020	46	16,658	4,133	16
3	23,131	31	1,077	50	17,591	4,364	18
4	25,083	33	1,168	53	19,078	4,733	18
5-9	136,935	182	6,377	294	104,142	25,838	102
5	26,287	35	1,224	56	19,992	4,960	20
6	27,267	36	1,270	58	20,738	5,145	20
7	27,795	37	1,295	60	21,137	5,245	21
8	27,819	37	1,295	60	21,157	5,249	21
9	27,767	37	1,293	60	21,118	5,239	20
10-14	134,366	178	6,257	287	102,189	25,355	100
10	27,692	37	1,290	60	21,060	5,225	20
11	27,513	36	1,281	58	20,926	5,192	20
12	27,042	36	1,259	58	20,566	5,103	20
13	26,347	35	1,227	56	20,037	4,972	20
14	25,772	34	1,200	55	19,600	4,863	20
15-19	123,920	165	5,769	265	94,245	23,386	90
15	25,378	33	1,182	55	19,301	4,789	18
16	25,008	33	1,164	53	19,020	4,720	18
17	24,685	33	1,149	53	18,774	4,658	18
18	24,464	33	1,139	52	18,605	4,617	18
19	24,385	33	1,135	52	18,545	4,602	18
20-24	123,293	165	5,740	262	93,764	23,272	90
25-29	122,208	161	5,687	260	92,942	23,068	90
30-34	115,034	152	5,352	246	87,485	21,713	86
35-39	114,208	150	5,314	245	86,854	21,560	85
40-44	115,416	150	5,365	245	87,776	21,795	85
45-49	110,532	145	5,140	235	84,057	20,872	83
50-54	101,231	134	4,710	216	76,985	19,111	75
55-59	88,643	116	4,121	189	67,413	16,738	66
60-64	74,147	99	3,444	157	56,385	14,008	54
65-69	58,083	77	2,693	122	44,166	10,982	43
70-74	42,502	55	1,968	89	32,316	8,042	32
75-79	28,143	37	1,302	58	21,397	5,328	21
80-84	17,555	22	810	36	13,346	3,329	12
85 y más	15,149	20	696	31	11,513	2,878	11
Hombres	806,782	1,145	38,977	1,976	614,577	149,457	650
0-4	56,806	80	2,744	138	43,275	10,523	46
0	10,182	14	492	25	7,757	1,886	8
1	10,790	15	521	26	8,220	1,999	9
2	11,199	16	541	27	8,531	2,075	9
3	11,819	17	571	29	9,003	2,189	10
4	12,816	18	619	31	9,764	2,374	10
5-9	70,006	99	3,383	172	53,327	12,968	57
5	13,438	19	649	33	10,237	2,489	11
6	13,944	20	674	34	10,622	2,583	11
7	14,212	20	687	35	10,825	2,633	12
8	14,219	20	687	35	10,831	2,634	12
9	14,193	20	686	35	10,812	2,629	11
10-14	68,650	98	3,316	168	52,296	12,717	55
10	14,156	20	684	35	10,784	2,622	11
11	14,060	20	679	34	10,711	2,605	11
12	13,815	20	667	34	10,524	2,559	11
13	13,457	19	650	33	10,251	2,493	11
14	13,162	19	636	32	10,026	2,438	11
15-19	63,125	90	3,049	154	48,088	11,694	50
15	12,956	18	626	32	9,870	2,400	10
16	12,759	18	616	31	9,720	2,364	10
17	12,584	18	608	31	9,586	2,331	10
18	12,448	18	601	30	9,483	2,306	10
19	12,378	18	598	30	9,429	2,293	10
20-24	62,270	90	3,009	152	47,433	11,536	50
25-29	61,435	87	2,968	151	46,798	11,381	50
30-34	57,847	82	2,794	141	44,067	10,717	46
35-39	56,849	80	2,748	140	43,306	10,530	45
40-44	56,604	80	2,734	140	43,120	10,485	45
45-49	54,597	77	2,638	133	41,589	10,115	45
50-54	50,410	72	2,436	124	38,399	9,339	40
55-59	43,583	61	2,106	107	33,199	8,074	36
60-64	35,389	51	1,709	86	26,960	6,555	28
65-69	26,800	39	1,294	66	20,413	4,966	22

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2024**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	18,780	26	907	46	14,306	3,479	16
75-79	11,851	17	573	29	9,027	2,195	10
80-84	6,861	9	331	17	5,227	1,272	5
85 y más	4,919	7	238	12	3,747	911	4
Mujeres	825,696	1,010	36,942	1,498	626,904	158,784	558
0-4	54,307	67	2,430	99	41,231	10,443	37
0	9,719	12	435	18	7,378	1,869	7
1	10,306	13	461	19	7,824	1,982	7
2	10,703	13	479	19	8,127	2,058	7
3	11,312	14	506	21	8,588	2,175	8
4	12,267	15	549	22	9,314	2,359	8
5-9	66,929	83	2,994	122	50,815	12,870	45
5	12,849	16	575	23	9,755	2,471	9
6	13,323	16	596	24	10,116	2,562	9
7	13,583	17	608	25	10,312	2,612	9
8	13,600	17	608	25	10,326	2,615	9
9	13,574	17	607	25	10,306	2,610	9
10-14	65,716	80	2,941	119	49,893	12,638	45
10	13,536	17	606	25	10,276	2,603	9
11	13,453	16	602	24	10,215	2,587	9
12	13,227	16	592	24	10,042	2,544	9
13	12,890	16	577	23	9,786	2,479	9
14	12,610	15	564	23	9,574	2,425	9
15-19	60,795	75	2,720	111	46,157	11,692	40
15	12,422	15	556	23	9,431	2,389	8
16	12,249	15	548	22	9,300	2,356	8
17	12,101	15	541	22	9,188	2,327	8
18	12,016	15	538	22	9,122	2,311	8
19	12,007	15	537	22	9,116	2,309	8
20-24	61,023	75	2,731	110	46,331	11,736	40
25-29	60,773	74	2,719	109	46,144	11,687	40
30-34	57,187	70	2,558	105	43,418	10,996	40
35-39	57,359	70	2,566	105	43,548	11,030	40
40-44	58,812	70	2,631	105	44,656	11,310	40
45-49	55,935	68	2,502	102	42,468	10,757	38
50-54	50,821	62	2,274	92	38,586	9,772	35
55-59	45,060	55	2,015	82	34,214	8,664	30
60-64	38,758	48	1,735	71	29,425	7,453	26
65-69	31,283	38	1,399	56	23,753	6,016	21
70-74	23,722	29	1,061	43	18,010	4,563	16
75-79	16,292	20	729	29	12,370	3,133	11
80-84	10,694	13	479	19	8,119	2,057	7
85 y más	10,230	13	458	19	7,766	1,967	7

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2025

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,646,548	2,123	77,487	3,439	1,257,598	304,694	1,207
0-4	105,187	135	4,957	220	80,345	19,452	78
0	19,163	25	903	41	14,637	3,543	14
1	19,890	26	937	41	15,193	3,678	15
2	21,088	27	994	44	16,107	3,900	16
3	21,906	28	1,032	46	16,733	4,051	16
4	23,140	29	1,091	48	17,675	4,280	17
5-9	134,272	174	6,328	282	102,559	24,831	98
5	25,086	33	1,182	53	19,161	4,639	18
6	26,287	34	1,239	55	20,078	4,861	20
7	27,275	35	1,286	58	20,832	5,044	20
8	27,799	36	1,310	58	21,234	5,141	20
9	27,825	36	1,311	58	21,254	5,146	20
10-14	136,789	176	6,447	287	104,483	25,296	100
10	27,784	36	1,309	58	21,223	5,138	20
11	27,753	36	1,308	58	21,199	5,132	20
12	27,602	35	1,301	58	21,084	5,104	20
13	27,158	35	1,280	57	20,743	5,023	20
14	26,492	34	1,249	56	20,234	4,899	20
15-19	126,373	163	5,955	266	96,527	23,370	92
15	25,945	33	1,223	55	19,816	4,798	20
16	25,568	33	1,205	53	19,531	4,728	18
17	25,217	33	1,188	53	19,262	4,663	18
18	24,927	33	1,174	53	19,039	4,610	18
19	24,716	31	1,165	52	18,879	4,571	18
20-24	123,800	159	5,832	260	94,557	22,902	90
25-29	123,387	159	5,811	258	94,244	22,825	90
30-34	115,922	150	5,460	242	88,540	21,444	86
35-39	113,758	148	5,354	236	86,889	21,046	85
40-44	115,122	150	5,416	240	87,925	21,306	85
45-49	111,954	144	5,269	234	85,505	20,719	83
50-54	102,828	133	4,839	215	78,541	19,025	75
55-59	90,916	117	4,278	190	69,440	16,824	67
60-64	76,687	99	3,605	160	58,568	14,199	56
65-69	60,406	77	2,837	126	46,130	11,192	44
70-74	44,842	58	2,100	93	34,243	8,315	33
75-79	29,634	37	1,386	61	22,628	5,501	21
80-84	18,630	24	868	37	14,228	3,460	13
85 y más	16,041	20	745	32	12,246	2,987	11
Hombres	813,825	1,129	39,828	1,954	622,569	147,699	646
0-4	53,789	74	2,633	129	41,148	9,762	43
0	9,805	14	480	24	7,500	1,779	8
1	10,174	14	498	24	7,784	1,846	8
2	10,787	15	528	26	8,251	1,958	9
3	11,200	15	548	27	8,568	2,033	9
4	11,823	16	579	28	9,045	2,146	9
5-9	68,652	96	3,360	165	52,517	12,460	54
5	12,821	18	627	31	9,808	2,327	10
6	13,441	19	658	32	10,282	2,439	11
7	13,949	19	683	34	10,670	2,532	11
8	14,216	20	696	34	10,875	2,580	11
9	14,225	20	696	34	10,882	2,582	11
10-14	69,881	97	3,420	168	53,459	12,682	55
10	14,204	20	695	34	10,866	2,578	11
11	14,184	20	694	34	10,851	2,574	11
12	14,102	19	690	34	10,789	2,559	11
13	13,868	19	679	33	10,609	2,517	11
14	13,523	19	662	33	10,344	2,454	11
15-19	64,386	89	3,151	155	49,256	11,684	51
15	13,242	18	648	32	10,130	2,403	11
16	13,043	18	638	31	9,979	2,367	10
17	12,851	18	629	31	9,831	2,332	10
18	12,692	18	621	31	9,709	2,303	10
19	12,558	17	615	30	9,607	2,279	10
20-24	62,547	85	3,061	150	47,849	11,352	50
25-29	62,002	85	3,034	149	47,432	11,252	50
30-34	58,289	81	2,853	140	44,590	10,579	46
35-39	56,791	80	2,778	135	43,446	10,307	45
40-44	56,521	80	2,765	135	43,239	10,257	45
45-49	55,151	76	2,700	133	42,187	10,010	45
50-54	51,167	71	2,504	123	39,144	9,285	40
55-59	44,861	62	2,195	108	34,318	8,142	36
60-64	36,766	51	1,800	89	28,124	6,673	29
65-69	27,996	39	1,371	67	21,416	5,081	22

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2025**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	19,886	28	973	48	15,212	3,609	16
75-79	12,533	17	613	30	9,587	2,276	10
80-84	7,321	11	358	17	5,601	1,329	5
85 y más	5,286	7	259	13	4,044	959	4
Mujeres	832,723	994	37,659	1,485	635,029	156,995	561
0-4	51,398	61	2,324	91	39,197	9,690	35
0	9,358	11	423	17	7,137	1,764	6
1	9,716	12	439	17	7,409	1,832	7
2	10,301	12	466	18	7,856	1,942	7
3	10,706	13	484	19	8,165	2,018	7
4	11,317	13	512	20	8,630	2,134	8
5-9	65,620	78	2,968	117	50,042	12,371	44
5	12,265	15	555	22	9,353	2,312	8
6	12,846	15	581	23	9,796	2,422	9
7	13,326	16	603	24	10,162	2,512	9
8	13,583	16	614	24	10,359	2,561	9
9	13,600	16	615	24	10,372	2,564	9
10-14	66,908	79	3,027	119	51,024	12,614	45
10	13,580	16	614	24	10,357	2,560	9
11	13,569	16	614	24	10,348	2,558	9
12	13,500	16	611	24	10,295	2,545	9
13	13,290	16	601	24	10,134	2,506	9
14	12,969	15	587	23	9,890	2,445	9
15-19	61,987	74	2,804	111	47,271	11,686	41
15	12,703	15	575	23	9686	2395	9
16	12,525	15	567	22	9552	2361	8
17	12,366	15	559	22	9431	2331	8
18	12,235	15	553	22	9330	2307	8
19	12,158	14	550	22	9272	2292	8
20-24	61,253	74	2771	110	46708	11550	40
25-29	61,385	74	2777	109	46812	11573	40
30-34	57,633	69	2607	102	43950	10865	40
35-39	56,967	68	2576	101	43443	10739	40
40-44	58,601	70	2651	105	44686	11049	40
45-49	56,803	68	2569	101	43318	10709	38
50-54	51,661	62	2335	92	39397	9740	35
55-59	46,055	55	2083	82	35122	8682	31
60-64	39,921	48	1805	71	30444	7526	27
65-69	32,410	38	1466	59	24714	6111	22
70-74	24,956	30	1127	45	19031	4706	17
75-79	17,101	20	773	31	13041	3225	11
80-84	11,309	13	510	20	8627	2131	8
85 y más	10,755	13	486	19	8202	2028	7

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2026

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,659,618	2,073	78,976	3,419	1,272,688	301,254	1,208
0-4	100,542	126	4,791	208	77,104	18,239	74
0	18,500	23	882	38	14,187	3,356	14
1	19,152	24	912	39	14,688	3,475	14
2	19,883	25	948	41	15,248	3,607	14
3	21,092	27	1,005	44	16,174	3,826	16
4	21,915	27	1,044	46	16,807	3,975	16
5-9	129,616	162	6,176	267	99,405	23,512	94
5	23,142	29	1,103	48	17,748	4,198	16
6	25,089	31	1,195	51	19,243	4,551	18
7	26,296	33	1,253	54	20,166	4,770	20
8	27,282	34	1,300	56	20,923	4,949	20
9	27,807	35	1,325	58	21,325	5,044	20
10-14	138,503	174	6,600	288	106,216	25,125	100
10	27,839	35	1,327	58	21,349	5,050	20
11	27,839	35	1,327	58	21,349	5,050	20
12	27,832	35	1,326	58	21,344	5,049	20
13	27,706	35	1,320	58	21,247	5,026	20
14	27,287	34	1,300	56	20,927	4,950	20
15-19	129,132	161	6,152	267	99,033	23,426	93
15	26,648	33	1,269	55	20,437	4,834	20
16	26,121	33	1,245	54	20,032	4,738	19
17	25,763	33	1,227	53	19,758	4,674	18
18	25,441	31	1,212	53	19,511	4,616	18
19	25,159	31	1,199	52	19,295	4,564	18
20-24	124,575	155	5,934	258	95,534	22,604	90
25-29	124,238	155	5,915	258	95,274	22,546	90
30-34	117,154	147	5,577	242	89,843	21,259	86
35-39	113,414	140	5,400	235	86,976	20,581	82
40-44	114,674	143	5,457	236	87,936	20,817	85
45-49	113,135	142	5,383	232	86,755	20,539	84
50-54	104,358	131	4,969	215	80,027	18,941	75
55-59	93,191	116	4,435	192	71,464	16,916	68
60-64	79,075	99	3,759	161	60,638	14,360	58
65-69	62,829	78	2,985	129	48,174	11,418	45
70-74	47,142	59	2,234	95	36,147	8,573	34
75-79	31,291	39	1,479	63	23,992	5,695	23
80-84	19,707	25	930	40	15,107	3,591	14
85 y más	17,042	21	800	33	13,063	3,112	13
Hombres	820,359	1,105	40,630	1,950	630,031	145,991	652
0-4	51,430	70	2,547	122	39,496	9,153	42
0	9,467	13	469	22	7,270	1,685	8
1	9,798	13	485	23	7,525	1,744	8
2	10,171	14	504	24	7,811	1,810	8
3	10,789	15	534	26	8,285	1,920	9
4	11,205	15	555	27	8,605	1,994	9
5-9	66,277	89	3,282	157	50,903	11,794	52
5	11,827	16	586	28	9,083	2,105	9
6	12,824	17	635	30	9,850	2,282	10
7	13,447	18	666	32	10,327	2,393	11
8	13,955	19	691	33	10,718	2,483	11
9	14,224	19	704	34	10,925	2,531	11
10-14	70,769	95	3,505	169	54,351	12,594	55
10	14,235	19	705	34	10,933	2,533	11
11	14,231	19	705	34	10,929	2,533	11
12	14,222	19	704	34	10,923	2,531	11
13	14,151	19	701	34	10,868	2,518	11
14	13,930	19	690	33	10,698	2,479	11
15-19	65,807	88	3,259	156	50,541	11,711	52
15	13,598	18	673	32	10,444	2,420	11
16	13,325	18	660	32	10,233	2,371	11
17	13,132	18	650	31	10,086	2,337	10
18	12,955	17	642	31	9,949	2,306	10
19	12,797	17	634	30	9,829	2,277	10
20-24	62,972	85	3,119	150	48,361	11,207	50
25-29	62,407	85	3,092	149	47,925	11,106	50
30-34	58,883	80	2,915	140	45,223	10,479	46
35-39	56,751	75	2,810	135	43,588	10,098	45
40-44	56,429	75	2,796	135	43,336	10,042	45
45-49	55,578	75	2,753	132	42,683	9,890	45
50-54	51,843	70	2,568	123	39,816	9,226	40
55-59	46,110	62	2,284	109	35,412	8,206	37
60-64	38,096	51	1,886	90	29,258	6,780	31
65-69	29,242	39	1,449	70	22,456	5,205	23

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2026**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	20,997	29	1,040	49	16,126	3,736	17
75-79	13,285	18	658	32	10,201	2,365	11
80-84	7,784	11	385	19	5,978	1,385	6
85 y más	5,699	8	282	13	4,377	1,014	5
Mujeres	839,259	968	38,346	1,469	642,657	155,263	556
0-4	49,112	56	2,244	86	37,608	9,086	32
0	9,033	10	413	16	6,917	1,671	6
1	9,354	11	427	16	7,163	1,731	6
2	9,712	11	444	17	7,437	1,797	6
3	10,303	12	471	18	7,889	1,906	7
4	10,710	12	489	19	8,202	1,981	7
5-9	63,339	73	2,894	110	48,502	11,718	42
5	11,315	13	517	20	8,665	2,093	7
6	12,265	14	560	21	9,393	2,269	8
7	12,849	15	587	22	9,839	2,377	9
8	13,327	15	609	23	10,205	2,466	9
9	13,583	16	621	24	10,400	2,513	9
10-14	67,734	79	3,095	119	51,865	12,531	45
10	13,604	16	622	24	10,416	2,517	9
11	13,608	16	622	24	10,420	2,517	9
12	13,610	16	622	24	10,421	2,518	9
13	13,555	16	619	24	10,379	2,508	9
14	13,357	15	610	23	10,229	2,471	9
15-19	63,325	73	2,893	111	48,492	11,715	41
15	13,050	15	596	23	9993	2414	9
16	12,796	15	585	22	9799	2367	8
17	12,631	15	577	22	9672	2337	8
18	12,486	14	570	22	9562	2310	8
19	12,362	14	565	22	9466	2287	8
20-24	61,603	70	2815	108	47173	11397	40
25-29	61,831	70	2823	109	47349	11440	40
30-34	58,271	67	2662	102	44620	10780	40
35-39	56,663	65	2590	100	43388	10483	37
40-44	58,245	68	2661	101	44600	10775	40
45-49	57,557	67	2630	100	44072	10649	39
50-54	52,515	61	2401	92	40211	9715	35
55-59	47,081	54	2151	83	36052	8710	31
60-64	40,979	48	1873	71	31380	7580	27
65-69	33,587	39	1536	59	25718	6213	22
70-74	26,145	30	1194	46	20021	4837	17
75-79	18,006	21	821	31	13791	3330	12
80-84	11,923	14	545	21	9129	2206	8
85 y más	11,343	13	518	20	8686	2098	8

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2027

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,671,780	2,054	80,359	3,371	1,286,807	297,988	1,201
0-4	96,549	119	4,646	197	74,319	17,199	69
0	17,928	22	863	36	13,800	3,194	13
1	18,491	23	890	38	14,233	3,294	13
2	19,145	24	921	39	14,737	3,410	14
3	19,886	24	957	41	15,308	3,542	14
4	21,099	26	1,015	43	16,241	3,759	15
5-9	123,765	153	5,958	251	95,269	22,045	89
5	21,917	27	1,055	44	16,871	3,904	16
6	23,150	29	1,114	47	17,820	4,124	16
7	25,100	31	1,208	51	19,321	4,471	18
8	26,306	33	1,267	53	20,249	4,685	19
9	27,292	33	1,314	56	21,008	4,861	20
10-14	139,365	170	6,708	280	107,284	24,823	100
10	27,819	34	1,339	56	21,415	4,955	20
11	27,884	34	1,342	56	21,465	4,967	20
12	27,910	34	1,343	56	21,486	4,971	20
13	27,927	34	1,344	56	21,499	4,974	20
14	27,825	34	1,340	56	21,419	4,956	20
15-19	132,174	162	6,361	269	101,744	23,543	95
15	27,429	34	1,320	56	21,114	4,885	20
16	26,816	33	1,291	55	20,641	4,776	20
17	26,303	33	1,265	53	20,247	4,686	19
18	25,972	31	1,250	53	19,994	4,626	18
19	25,654	31	1,235	52	19,748	4,570	18
20-24	125,758	155	6,052	254	96,803	22,404	90
25-29	124,658	153	5,996	250	95,957	22,212	90
30-34	118,670	146	5,707	241	91,345	21,145	86
35-39	113,304	140	5,450	228	87,215	20,191	80
40-44	114,171	140	5,489	230	87,877	20,351	84
45-49	113,915	140	5,472	230	87,679	20,310	84
50-54	105,925	130	5,091	214	81,534	18,880	76
55-59	95,382	117	4,586	193	73,417	17,001	68
60-64	81,341	100	3,908	164	62,606	14,505	58
65-69	65,347	81	3,135	131	50,293	11,660	47
70-74	49,339	60	2,362	98	37,972	8,812	35
75-79	33,188	41	1,586	65	25,541	5,932	23
80-84	20,784	25	991	41	15,992	3,721	14
85 y más	18,145	22	861	35	13,960	3,254	13
Hombres	826,393	1,097	41,380	1,923	636,981	144,363	649
0-4	49,395	65	2,472	115	38,075	8,630	38
0	9,175	12	459	21	7,073	1,603	7
1	9,461	13	474	22	7,292	1,653	7
2	9,794	13	490	23	7,549	1,711	8
3	10,172	13	509	24	7,841	1,777	8
4	10,793	14	540	25	8,320	1,886	8
5-9	63,288	84	3,168	148	48,783	11,055	50
5	11,209	15	561	26	8,640	1,958	9
6	11,831	16	592	28	9,119	2,067	9
7	12,831	17	642	30	9,891	2,241	10
8	13,454	18	674	31	10,370	2,350	11
9	13,963	18	699	33	10,763	2,439	11
10-14	71,234	95	3,567	165	54,909	12,443	55
10	14,232	19	713	33	10,970	2,486	11
11	14,259	19	714	33	10,991	2,491	11
12	14,266	19	714	33	10,997	2,492	11
13	14,268	19	714	33	10,999	2,492	11
14	14,209	19	712	33	10,952	2,482	11
15-19	67,371	89	3,374	157	51,930	11,768	53
15	13,999	19	701	33	10,790	2,445	11
16	13,677	18	685	32	10,542	2,389	11
17	13,410	18	671	31	10,336	2,343	11
18	13,232	17	663	31	10,200	2,311	10
19	13,053	17	654	30	10,062	2,280	10
20-24	63,622	85	3,187	149	49,038	11,113	50
25-29	62,593	83	3,134	145	48,247	10,934	50
30-34	59,597	79	2,984	139	45,938	10,411	46
35-39	56,779	75	2,843	132	43,766	9,918	45
40-44	56,351	75	2,823	130	43,435	9,843	45
45-49	55,839	75	2,795	130	43,038	9,756	45
50-54	52,494	69	2,628	122	40,464	9,170	41
55-59	47,276	63	2,368	110	36,439	8,259	37
60-64	39,381	52	1,973	92	30,353	6,880	31
65-69	30,543	41	1,529	71	23,542	5,336	24

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2027**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	22,079	29	1,105	52	17,018	3,858	17
75-79	14,139	19	708	33	10,898	2,470	11
80-84	8,260	11	414	19	6,366	1,444	6
85 y más	6,152	8	308	14	4,742	1,075	5
Mujeres	845,387	957	38,979	1,448	649,826	153,625	552
0-4	47,154	54	2,174	82	36,244	8,569	31
0	8,753	10	404	15	6,727	1,591	6
1	9,030	10	416	16	6,941	1,641	6
2	9,351	11	431	16	7,188	1,699	6
3	9,714	11	448	17	7,467	1,765	6
4	10,306	12	475	18	7,921	1,873	7
5-9	60,477	69	2,790	103	46,486	10,990	39
5	10,708	12	494	18	8,231	1,946	7
6	11,319	13	522	19	8,701	2,057	7
7	12,269	14	566	21	9,430	2,230	8
8	12,852	15	593	22	9,879	2,335	8
9	13,329	15	615	23	10,245	2,422	9
10-14	68,131	75	3,141	115	52,375	12,380	45
10	13,587	15	626	23	10,445	2,469	9
11	13,625	15	628	23	10,474	2,476	9
12	13,644	15	629	23	10,489	2,479	9
13	13,659	15	630	23	10,500	2,482	9
14	13,616	15	628	23	10,467	2,474	9
15-19	64,803	73	2,987	112	49,814	11,775	42
15	13,430	15	619	23	10,324	2,440	9
16	13,139	15	606	23	10,099	2,387	9
17	12,893	15	594	22	9,911	2,343	8
18	12,740	14	587	22	9,794	2,315	8
19	12,601	14	581	22	9,686	2,290	8
20-24	62,136	70	2,865	105	47,765	11,291	40
25-29	62,065	70	2,862	105	47,710	11,278	40
30-34	59,073	67	2,723	102	45,407	10,734	40
35-39	56,525	65	2,607	96	43,449	10,273	35
40-44	57,820	65	2,666	100	44,442	10,508	39
45-49	58,076	65	2,677	100	44,641	10,554	39
50-54	53,431	61	2,463	92	41,070	9,710	35
55-59	48,106	54	2,218	83	36,978	8,742	31
60-64	41,960	48	1,935	72	32,253	7,625	27
65-69	34,804	40	1,606	60	26,751	6,324	23
70-74	27,260	31	1,257	46	20,954	4,954	18
75-79	19,049	22	878	32	14,643	3,462	12
80-84	12,524	14	577	22	9,626	2,277	8
85 y más	11,993	14	553	21	9,218	2,179	8

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2028

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,683,135	2,032	81,651	3,355	1,300,008	294,888	1,201
0-4	92,889	112	4,513	186	71,749	16,263	66
0	17,441	21	847	35	13,472	3,054	12
1	17,921	22	871	36	13,841	3,138	13
2	18,484	22	898	37	14,278	3,236	13
3	19,149	23	930	39	14,791	3,352	14
4	19,894	24	967	39	15,367	3,483	14
5-9	117,618	142	5,713	236	90,851	20,593	83
5	21,106	25	1,025	42	16,303	3,696	15
6	21,926	27	1,065	44	16,935	3,839	16
7	23,161	28	1,125	46	17,891	4,055	16
8	25,109	31	1,219	51	19,394	4,396	18
9	26,316	31	1,279	53	20,328	4,607	18
10-14	139,161	168	6,762	279	107,489	24,363	100
10	27,303	33	1,327	55	21,088	4,780	20
11	27,863	33	1,354	56	21,522	4,878	20
12	27,952	34	1,358	56	21,590	4,894	20
13	28,002	34	1,360	56	21,630	4,902	20
14	28,041	34	1,363	56	21,659	4,909	20
15-19	135,211	163	6,567	271	104,440	23,673	97
15	27,959	34	1,358	56	21,596	4,895	20
16	27,585	33	1,340	55	21,308	4,829	20
17	26,989	33	1,311	54	20,846	4,725	20
18	26,502	32	1,287	53	20,471	4,640	19
19	26,176	31	1,271	53	20,219	4,584	18
20-24	127,201	154	6,176	253	98,251	22,277	90
25-29	124,955	150	6,066	250	96,515	21,884	90
30-34	120,267	145	5,839	241	92,890	21,065	87
35-39	113,529	138	5,510	226	87,691	19,884	80
40-44	113,671	140	5,514	227	87,794	19,915	81
45-49	114,258	139	5,541	229	88,243	20,022	84
50-54	107,528	130	5,217	214	83,050	18,841	76
55-59	97,390	117	4,724	194	75,225	17,061	69
60-64	83,566	101	4,051	165	64,543	14,646	60
65-69	67,931	81	3,289	135	52,465	11,913	48
70-74	51,461	62	2,487	102	39,742	9,032	36
75-79	35,277	41	1,701	69	27,243	6,198	25
80-84	21,872	26	1,054	42	16,887	3,847	16
85 y más	19,350	23	927	36	14,940	3,411	13
Hombres	832,024	1,085	42,084	1,918	643,472	142,813	652
0-4	47,523	62	2,403	110	36,754	8,157	37
0	8,925	12	451	21	6,902	1,532	7
1	9,169	12	464	21	7,091	1,574	7
2	9,457	12	478	22	7,315	1,623	7
3	9,795	13	495	23	7,575	1,681	8
4	10,177	13	515	23	7,871	1,747	8
5-9	60,149	78	3,042	139	46,520	10,324	46
5	10,799	14	546	25	8,352	1,854	8
6	11,214	15	567	26	8,672	1,925	9
7	11,838	15	599	27	9,156	2,032	9
8	12,837	17	649	30	9,928	2,203	10
9	13,461	17	681	31	10,412	2,310	10
10-14	71,152	93	3,600	164	55,028	12,212	55
10	13,970	18	707	32	10,804	2,398	11
11	14,255	18	721	33	11,025	2,447	11
12	14,293	19	723	33	11,054	2,453	11
13	14,311	19	724	33	11,068	2,456	11
14	14,323	19	725	33	11,077	2,458	11
15-19	68,938	90	3,487	159	53,316	11,832	54
15	14,274	19	722	33	11,039	2,450	11
16	14,072	18	712	32	10,884	2,415	11
17	13,758	18	696	32	10,640	2,361	11
18	13,506	18	683	31	10,445	2,318	11
19	13,328	17	674	31	10,308	2,288	10
20-24	64,405	84	3,257	148	49,810	11,056	50
25-29	62,749	80	3,174	145	48,530	10,770	50
30-34	60,333	78	3,053	139	46,660	10,356	47
35-39	56,938	75	2,880	131	44,034	9,773	45
40-44	56,285	75	2,846	130	43,528	9,661	45
45-49	55,946	74	2,830	130	43,265	9,602	45
50-54	53,146	69	2,688	122	41,103	9,123	41
55-59	48,319	63	2,443	111	37,370	8,294	38
60-64	40,635	53	2,055	93	31,428	6,974	32
65-69	31,885	41	1,613	74	24,659	5,473	25

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2028**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	23,146	30	1,171	53	17,901	3,973	18
75-79	15,083	19	762	35	11,665	2,590	12
80-84	8,747	12	444	20	6,762	1,502	7
85 y más	6,645	9	336	15	5,139	1,141	5
Mujeres	851,111	947	39,567	1,437	656,536	152,075	549
0-4	45,366	50	2,110	76	34,995	8,106	29
0	8,516	9	396	14	6,570	1,522	5
1	8,752	10	407	15	6,750	1,564	6
2	9,027	10	420	15	6,963	1,613	6
3	9,354	10	435	16	7,216	1,671	6
4	9,717	11	452	16	7,496	1,736	6
5-9	57,469	64	2,671	97	44,331	10,269	37
5	10,307	11	479	17	7,951	1,842	7
6	10,712	12	498	18	8,263	1,914	7
7	11,323	13	526	19	8,735	2,023	7
8	12,272	14	570	21	9,466	2,193	8
9	12,855	14	598	22	9,916	2,297	8
10-14	68,009	75	3,162	115	52,461	12,151	45
10	13,333	15	620	23	10,284	2,382	9
11	13,608	15	633	23	10,497	2,431	9
12	13,659	15	635	23	10,536	2,441	9
13	13,691	15	636	23	10,562	2,446	9
14	13,718	15	638	23	10,582	2,451	9
15-19	66,273	73	3,080	112	51,124	11,841	43
15	13,685	15	636	23	10,557	2,445	9
16	13,513	15	628	23	10,424	2,414	9
17	13,231	15	615	22	10,206	2,364	9
18	12,996	14	604	22	10,026	2,322	8
19	12,848	14	597	22	9,911	2,296	8
20-24	62,796	70	2,919	105	48,441	11,221	40
25-29	62,206	70	2,892	105	47,985	11,114	40
30-34	59,934	67	2,786	102	46,230	10,709	40
35-39	56,591	63	2,630	95	43,657	10,111	35
40-44	57,386	65	2,668	97	44,266	10,254	36
45-49	58,312	65	2,711	99	44,978	10,420	39
50-54	54,382	61	2,529	92	41,947	9,718	35
55-59	49,071	54	2,281	83	37,855	8,767	31
60-64	42,931	48	1,996	72	33,115	7,672	28
65-69	36,046	40	1,676	61	27,806	6,440	23
70-74	28,315	32	1,316	49	21,841	5,059	18
75-79	20,194	22	939	34	15,578	3,608	13
80-84	13,125	14	610	22	10,125	2,345	9
85 y más	12,705	14	591	21	9,801	2,270	8

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2029

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,693,718	1,999	82,847	3,325	1,312,374	291,979	1,194
0-4	90,021	107	4,410	178	69,754	15,508	64
0	17,029	20	834	34	13,195	2,934	12
1	17,434	20	854	34	13,510	3,004	12
2	17,914	22	878	36	13,880	3,085	13
3	18,487	22	906	36	14,325	3,185	13
4	19,157	23	938	38	14,844	3,300	14
5-9	111,247	131	5,451	219	86,203	19,164	79
5	19,904	24	975	39	15,423	3,429	14
6	21,115	25	1,035	42	16,361	3,637	15
7	21,937	26	1,075	43	16,998	3,779	16
8	23,171	27	1,135	46	17,955	3,992	16
9	25,120	29	1,231	49	19,466	4,327	18
10-14	137,747	163	6,748	273	106,735	23,730	98
10	26,328	31	1,290	52	20,401	4,536	18
11	27,347	33	1,339	54	21,190	4,711	20
12	27,928	33	1,368	55	21,641	4,811	20
13	28,037	33	1,374	56	21,724	4,830	20
14	28,107	33	1,377	56	21,779	4,842	20
15-19	137,898	163	6,752	273	106,856	23,757	97
15	28,170	33	1,379	56	21,829	4,853	20
16	28,107	33	1,376	56	21,780	4,842	20
17	27,746	33	1,359	55	21,499	4,780	20
18	27,178	33	1,331	53	21,060	4,682	19
19	26,697	31	1,307	53	20,688	4,600	18
20-24	129,022	153	6,317	254	99,977	22,231	90
25-29	125,316	150	6,135	247	97,099	21,595	90
30-34	121,638	143	5,954	240	94,251	20,963	87
35-39	114,098	134	5,583	226	88,410	19,665	80
40-44	113,201	131	5,537	224	87,715	19,514	80
45-49	114,244	135	5,587	220	88,525	19,697	80
50-54	109,098	130	5,336	214	84,533	18,809	76
55-59	99,178	117	4,853	194	76,848	17,096	70
60-64	85,810	102	4,194	169	66,489	14,796	60
65-69	70,504	82	3,442	136	54,629	12,165	50
70-74	53,590	63	2,611	104	41,522	9,253	37
75-79	37,423	44	1,821	72	28,992	6,469	25
80-84	23,044	27	1,119	44	17,851	3,987	16
85 y más	20,639	24	997	38	15,985	3,580	15
Hombres	837,261	1,064	42,743	1,900	649,552	141,352	650
0-4	46,056	59	2,351	104	35,731	7,775	36
0	8,713	11	445	20	6,759	1,471	7
1	8,919	11	455	20	6,920	1,506	7
2	9,166	12	468	21	7,111	1,547	7
3	9,459	12	483	21	7,339	1,597	7
4	9,799	13	500	22	7,602	1,654	8
5-9	56,895	72	2,906	129	44,139	9,605	44
5	10,183	13	520	23	7,900	1,719	8
6	10,804	14	552	25	8,381	1,824	8
7	11,220	14	573	25	8,705	1,894	9
8	11,844	15	605	27	9,188	2,000	9
9	12,844	16	656	29	9,965	2,168	10
10-14	70,446	89	3,596	161	54,653	11,893	54
10	13,468	17	688	31	10,448	2,274	10
11	13,993	18	714	32	10,856	2,362	11
12	14,288	18	729	32	11,086	2,412	11
13	14,335	18	732	33	11,121	2,420	11
14	14,362	18	733	33	11,142	2,425	11
15-19	70,326	89	3,589	160	54,561	11,873	54
15	14,386	18	734	33	11,161	2,429	11
16	14,345	18	732	33	11,129	2,422	11
17	14,147	18	722	32	10,976	2,388	11
18	13,850	18	707	31	10,745	2,338	11
19	13,598	17	694	31	10,550	2,296	10
20-24	65,390	83	3,338	148	50,731	11,040	50
25-29	62,951	80	3,214	142	48,838	10,627	50
30-34	60,954	78	3,112	138	47,288	10,291	47
35-39	57,244	73	2,922	131	44,408	9,665	45
40-44	56,226	70	2,869	129	43,620	9,493	45
45-49	55,937	70	2,856	125	43,398	9,443	45
50-54	53,772	69	2,745	122	41,716	9,079	41
55-59	49,207	63	2,513	111	38,174	8,308	38
60-64	41,885	54	2,138	96	32,494	7,071	32
65-69	33,236	42	1,697	75	25,785	5,611	26

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2029**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	24,232	31	1,236	55	18,801	4,091	18
75-79	16,062	21	821	37	12,460	2,711	12
80-84	9,272	12	474	21	7,193	1,565	7
85 y más	7,170	9	366	16	5,562	1,211	6
Mujeres	856,457	935	40,104	1,425	662,822	150,627	544
0-4	43,965	48	2,059	74	34,023	7,733	28
0	8,316	9	389	14	6,436	1,463	5
1	8,515	9	399	14	6,590	1,498	5
2	8,748	10	410	15	6,769	1,538	6
3	9,028	10	423	15	6,986	1,588	6
4	9,358	10	438	16	7,242	1,646	6
5-9	54,352	59	2,545	90	42,064	9,559	35
5	9,721	11	455	16	7,523	1,710	6
6	10,311	11	483	17	7,980	1,813	7
7	10,717	12	502	18	8,293	1,885	7
8	11,327	12	530	19	8,767	1,992	7
9	12,276	13	575	20	9,501	2,159	8
10-14	67,301	74	3,152	112	52,082	11,837	44
10	12,860	14	602	21	9,953	2,262	8
11	13,354	15	625	22	10,334	2,349	9
12	13,640	15	639	23	10,555	2,399	9
13	13,702	15	642	23	10,603	2,410	9
14	13,745	15	644	23	10,637	2,417	9
15-19	67,572	74	3,163	113	52,295	11,884	43
15	13,784	15	645	23	10,668	2,424	9
16	13,762	15	644	23	10,651	2,420	9
17	13,599	15	637	23	10,523	2,392	9
18	13,328	15	624	22	10,315	2,344	8
19	13,099	14	613	22	10,138	2,304	8
20-24	63,632	70	2,979	106	49,246	11,191	40
25-29	62,365	70	2,921	105	48,261	10,968	40
30-34	60,684	65	2,842	102	46,963	10,672	40
35-39	56,854	61	2,661	95	44,002	10,000	35
40-44	56,975	61	2,668	95	44,095	10,021	35
45-49	58,307	65	2,731	95	45,127	10,254	35
50-54	55,326	61	2,591	92	42,817	9,730	35
55-59	49,971	54	2,340	83	38,674	8,788	32
60-64	43,925	48	2,056	73	33,995	7,725	28
65-69	37,268	40	1,745	61	28,844	6,554	24
70-74	29,358	32	1,375	49	22,721	5,162	19
75-79	21,361	23	1,000	35	16,532	3,758	13
80-84	13,772	15	645	23	10,658	2,422	9
85 y más	13,469	15	631	22	10,423	2,369	9

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2030

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,703,584	1,979	83,954	3,292	1,323,899	289,271	1,189
0-4	87,553	103	4,321	171	68,040	14,856	62
0	16,694	20	824	32	12,973	2,833	12
1	17,019	20	840	34	13,225	2,888	12
2	17,428	20	860	34	13,545	2,957	12
3	17,917	21	884	35	13,924	3,040	13
4	18,495	22	913	36	14,373	3,138	13
5-9	105,330	122	5,198	206	81,859	17,872	73
5	19,164	22	946	37	14,894	3,252	13
6	19,912	23	982	39	15,475	3,379	14
7	21,125	25	1,043	41	16,418	3,584	14
8	21,947	25	1,083	43	17,056	3,724	16
9	23,182	27	1,144	46	18,016	3,933	16
10-14	135,060	158	6,667	261	104,963	22,916	95
10	25,134	29	1,241	49	19,533	4,264	18
11	26,370	31	1,301	51	20,495	4,474	18
12	27,409	32	1,353	53	21,302	4,650	19
13	28,008	33	1,383	54	21,765	4,753	20
14	28,139	33	1,389	54	21,868	4,775	20
15-19	140,086	164	6,913	272	108,865	23,773	99
15	28,231	33	1,394	55	21,938	4,791	20
16	28,307	33	1,397	55	21,998	4,804	20
17	28,261	33	1,394	55	21,963	4,796	20
18	27,925	33	1,378	54	21,702	4,738	20
19	27,362	32	1,350	53	21,264	4,644	19
20-24	131,163	153	6,470	255	101,935	22,260	90
25-29	125,707	145	6,199	243	97,693	21,337	90
30-34	122,830	143	6,056	238	95,455	20,852	86
35-39	115,006	133	5,671	223	89,379	19,520	80
40-44	112,772	130	5,560	217	87,638	19,147	80
45-49	113,971	132	5,614	220	88,570	19,355	80
50-54	110,542	128	5,446	214	85,906	18,773	75
55-59	100,799	117	4,967	194	78,335	17,116	70
60-64	88,079	102	4,339	171	68,448	14,958	61
65-69	72,982	86	3,590	141	56,711	12,403	51
70-74	55,814	65	2,742	106	43,370	9,493	38
75-79	39,560	45	1,939	74	30,739	6,736	27
80-84	24,334	28	1,191	46	18,906	4,146	17
85 y más	21,996	25	1,071	40	17,087	3,758	15
Hombres	842,153	1,059	43,355	1,885	655,207	139,999	648
0-4	44,792	57	2,306	101	34,847	7,446	35
0	8,541	11	440	19	6,644	1,420	7
1	8,706	11	448	20	6,773	1,447	7
2	8,916	11	459	20	6,937	1,482	7
3	9,167	12	472	21	7,131	1,524	7
4	9,462	12	487	21	7,362	1,573	7
5-9	53,880	68	2,774	121	41,919	8,957	41
5	9,804	12	505	22	7,628	1,630	7
6	10,188	13	524	23	7,926	1,694	8
7	10,810	14	557	24	8,410	1,797	8
8	11,227	14	578	25	8,735	1,866	9
9	11,851	15	610	27	9,220	1,970	9
10-14	69,076	87	3,557	154	53,743	11,482	53
10	12,851	16	662	29	9,998	2,136	10
11	13,489	17	694	30	10,496	2,242	10
12	14,024	18	722	31	10,911	2,331	11
13	14,328	18	738	32	11,147	2,382	11
14	14,384	18	741	32	11,191	2,391	11
15-19	71,463	90	3,679	159	55,599	11,881	55
15	14,423	18	743	32	11,221	2,398	11
16	14,453	18	744	32	11,245	2,403	11
17	14,417	18	742	32	11,217	2,397	11
18	14,234	18	733	32	11,074	2,366	11
19	13,936	18	717	31	10,842	2,317	11
20-24	66,543	83	3,425	149	51,774	11,062	50
25-29	63,166	80	3,251	141	49,144	10,500	50
30-34	61,511	78	3,166	138	47,857	10,226	46
35-39	57,695	72	2,970	130	44,888	9,590	45
40-44	56,175	70	2,893	125	43,703	9,339	45
45-49	55,862	70	2,875	125	43,461	9,286	45
50-54	54,328	68	2,796	122	42,270	9,032	40
55-59	49,964	63	2,571	111	38,875	8,306	38
60-64	43,146	54	2,222	97	33,568	7,172	33
65-69	34,562	44	1,779	78	26,888	5,746	27

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2030**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	25,364	32	1,307	57	19,732	4,217	19
75-79	17,052	21	879	38	13,266	2,835	13
80-84	9,847	12	507	22	7,662	1,637	7
85 y más	7,727	10	398	17	6,011	1,285	6
Mujeres	861,431	920	40,599	1,407	668,692	149,272	541
0-4	42,761	46	2,015	70	33,193	7,410	27
0	8,153	9	384	13	6,329	1,413	5
1	8,313	9	392	14	6,452	1,441	5
2	8,512	9	401	14	6,608	1,475	5
3	8,750	9	412	14	6,793	1,516	6
4	9,033	10	426	15	7,011	1,565	6
5-9	51,450	54	2,424	85	39,940	8,915	32
5	9,360	10	441	15	7,266	1,622	6
6	9,724	10	458	16	7,549	1,685	6
7	10,315	11	486	17	8,008	1,787	6
8	10,720	11	505	18	8,321	1,858	7
9	11,331	12	534	19	8,796	1,963	7
10-14	65,984	71	3,110	107	51,220	11,434	42
10	12,283	13	579	20	9,535	2,128	8
11	12,881	14	607	21	9,999	2,232	8
12	13,385	14	631	22	10,391	2,319	8
13	13,680	15	645	22	10,618	2,371	9
14	13,755	15	648	22	10,677	2,384	9
15-19	68,623	74	3,234	113	53,266	11,892	44
15	13,808	15	651	23	10,717	2,393	9
16	13,854	15	653	23	10,753	2,401	9
17	13,844	15	652	23	10,746	2,399	9
18	13,691	15	645	22	10,628	2,372	9
19	13,426	14	633	22	10,422	2,327	8
20-24	64,620	70	3,045	106	50,161	11,198	40
25-29	62,541	65	2,948	102	48,549	10,837	40
30-34	61,319	65	2,890	100	47,598	10,626	40
35-39	57,311	61	2,701	93	44,491	9,930	35
40-44	56,597	60	2,667	92	43,935	9,808	35
45-49	58,109	62	2,739	95	45,109	10,069	35
50-54	56,214	60	2,650	92	43,636	9,741	35
55-59	50,835	54	2,396	83	39,460	8,810	32
60-64	44,933	48	2,117	74	34,880	7,786	28
65-69	38,420	42	1,811	63	29,823	6,657	24
70-74	30,450	33	1,435	49	23,638	5,276	19
75-79	22,508	24	1,060	36	17,473	3,901	14
80-84	14,487	16	684	24	11,244	2,509	10
85 y más	14,269	15	673	23	11,076	2,473	9

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2031

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,712,831	1,965	84,977	3,273	1,334,674	286,767	1,175
0-4	85,473	98	4,249	164	66,606	14,298	58
0	16,417	18	816	32	12,794	2,746	11
1	16,684	20	829	32	13,000	2,792	11
2	17,016	20	846	32	13,260	2,846	12
3	17,433	20	867	34	13,584	2,916	12
4	17,923	20	891	34	13,968	2,998	12
5-9	100,685	116	5,003	195	78,458	16,844	69
5	18,499	22	919	36	14,414	3,095	13
6	19,172	22	953	37	14,940	3,207	13
7	19,922	23	990	39	15,523	3,333	14
8	21,135	24	1,050	41	16,471	3,535	14
9	21,957	25	1,091	42	17,110	3,674	15
10-14	130,391	150	6,478	251	101,606	21,815	91
10	23,196	27	1,152	44	18,076	3,881	16
11	25,176	29	1,251	49	19,617	4,212	18
12	26,430	31	1,313	51	20,595	4,422	18
13	27,484	31	1,365	53	21,418	4,598	19
14	28,105	32	1,397	54	21,900	4,702	20
15-19	141,604	165	7,034	270	110,344	23,691	100
15	28,258	33	1,404	54	22,020	4,727	20
16	28,358	33	1,409	54	22,098	4,744	20
17	28,454	33	1,413	54	22,173	4,761	20
18	28,432	33	1,412	54	22,156	4,757	20
19	28,102	33	1,396	54	21,897	4,702	20
20-24	133,656	154	6,639	256	104,153	22,363	91
25-29	126,364	145	6,272	241	98,469	21,148	89
30-34	123,692	140	6,140	237	96,386	20,704	85
35-39	116,245	133	5,770	222	90,585	19,455	80
40-44	112,454	130	5,583	215	87,626	18,824	76
45-49	113,545	130	5,632	219	88,475	19,014	75
50-54	111,723	128	5,540	214	87,056	18,710	75
55-59	102,343	117	5,078	195	79,747	17,135	71
60-64	90,339	103	4,480	172	70,394	15,128	62
65-69	75,326	86	3,732	143	58,694	12,619	52
70-74	58,143	67	2,876	110	45,300	9,750	40
75-79	41,662	47	2,056	79	32,458	6,994	28
80-84	25,766	30	1,267	48	20,072	4,331	18
85 y más	23,420	26	1,148	42	18,245	3,944	15
Hombres	846,758	1,051	43,924	1,879	660,521	138,749	634
0-4	43,725	54	2,270	97	34,107	7,164	33
0	8,399	10	436	19	6,552	1,376	6
1	8,535	11	443	19	6,657	1,399	6
2	8,705	11	452	19	6,790	1,426	7
3	8,917	11	463	20	6,955	1,461	7
4	9,169	11	476	20	7,153	1,502	7
5-9	51,518	64	2,673	115	40,187	8,441	38
5	9,465	12	491	21	7,383	1,551	7
6	9,809	12	509	22	7,652	1,607	7
7	10,194	13	529	23	7,951	1,670	8
8	10,817	13	561	24	8,439	1,772	8
9	11,233	14	583	25	8,762	1,841	8
10-14	66,688	83	3,459	148	52,020	10,927	51
10	11,858	15	615	26	9,250	1,943	9
11	12,872	16	668	29	10,040	2,109	10
12	13,519	17	701	30	10,546	2,215	10
13	14,063	17	729	31	10,971	2,304	11
14	14,376	18	746	32	11,213	2,356	11
15-19	72,262	90	3,748	160	56,368	11,841	55
15	14,442	18	749	32	11,266	2,366	11
16	14,484	18	751	32	11,299	2,373	11
17	14,522	18	753	32	11,328	2,380	11
18	14,498	18	752	32	11,309	2,376	11
19	14,316	18	743	32	11,166	2,346	11
20-24	67,860	84	3,520	150	52,936	11,119	51
25-29	63,537	80	3,295	141	49,561	10,411	49
30-34	61,916	75	3,212	137	48,301	10,146	45
35-39	58,294	72	3,023	129	45,474	9,551	45
40-44	56,147	70	2,913	125	43,798	9,200	41
45-49	55,778	70	2,893	125	43,509	9,141	40
50-54	54,764	68	2,841	122	42,719	8,974	40
55-59	50,648	63	2,628	112	39,507	8,299	39
60-64	44,375	55	2,301	98	34,616	7,272	33
65-69	35,850	44	1,860	79	27,967	5,873	27

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2031**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	26,548	34	1,377	59	20,708	4,350	20
75-79	18,045	22	936	40	14,076	2,958	13
80-84	10,482	13	543	24	8,175	1,719	8
85 y más	8,321	10	432	18	6,492	1,363	6
Mujeres	866,073	914	41,053	1,394	674,153	148,018	541
0-4	41,748	44	1,979	67	32,499	7,134	25
0	8,018	8	380	13	6,242	1,370	5
1	8,149	9	386	13	6,343	1,393	5
2	8,311	9	394	13	6,470	1,420	5
3	8,516	9	404	14	6,629	1,455	5
4	8,754	9	415	14	6,815	1,496	5
5-9	49,167	52	2,330	80	38,271	8,403	31
5	9,034	10	428	15	7,031	1,544	6
6	9,363	10	444	15	7,288	1,600	6
7	9,728	10	461	16	7,572	1,663	6
8	10,318	11	489	17	8,032	1,763	6
9	10,724	11	508	17	8,348	1,833	7
10-14	63,703	67	3,019	103	49,586	10,888	40
10	11,338	12	537	18	8,826	1,938	7
11	12,304	13	583	20	9,577	2,103	8
12	12,911	14	612	21	10,049	2,207	8
13	13,421	14	636	22	10,447	2,294	8
14	13,729	14	651	22	10,687	2,346	9
15-19	69,342	75	3,286	110	53,976	11,850	45
15	13,816	15	655	22	10,754	2,361	9
16	13,874	15	658	22	10,799	2,371	9
17	13,932	15	660	22	10,845	2,381	9
18	13,934	15	660	22	10,847	2,381	9
19	13,786	15	653	22	10,731	2,356	9
20-24	65,796	70	3,119	106	51,217	11,244	40
25-29	62,827	65	2,977	100	48,908	10,737	40
30-34	61,776	65	2,928	100	48,085	10,558	40
35-39	57,951	61	2,747	93	45,111	9,904	35
40-44	56,307	60	2,670	90	43,828	9,624	35
45-49	57,767	60	2,739	94	44,966	9,873	35
50-54	56,959	60	2,699	92	44,337	9,736	35
55-59	51,695	54	2,450	83	40,240	8,836	32
60-64	45,964	48	2,179	74	35,778	7,856	29
65-69	39,476	42	1,872	64	30,727	6,746	25
70-74	31,595	33	1,499	51	24,592	5,400	20
75-79	23,617	25	1,120	39	18,382	4,036	15
80-84	15,284	17	724	24	11,897	2,612	10
85 y más	15,099	16	716	24	11,753	2,581	9

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2032

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,721,477	1,952	85,905	3,246	1,344,750	284,453	1,171
0-4	83,737	94	4,187	160	65,412	13,827	57
0	16,194	18	810	31	12,650	2,674	11
1	16,409	18	820	31	12,820	2,709	11
2	16,680	18	834	32	13,030	2,755	11
3	17,018	20	851	32	13,293	2,810	12
4	17,436	20	872	34	13,619	2,879	12
5-9	96,693	110	4,833	183	75,535	15,966	66
5	17,929	20	896	34	14,006	2,961	12
6	18,507	21	925	35	14,457	3,056	13
7	19,181	22	959	37	14,983	3,167	13
8	19,931	23	996	37	15,570	3,291	14
9	21,145	24	1,057	40	16,519	3,491	14
10-14	124,514	142	6,223	237	97,266	20,560	86
10	21,972	25	1,098	42	17,164	3,628	15
11	23,235	27	1,161	44	18,151	3,836	16
12	25,232	29	1,261	48	19,709	4,167	18
13	26,500	30	1,325	51	20,700	4,376	18
14	27,575	31	1,378	52	21,542	4,553	19
15-19	142,313	162	7,112	270	111,171	23,499	99
15	28,218	32	1,411	54	22,043	4,659	19
16	28,381	32	1,418	54	22,170	4,687	20
17	28,496	32	1,424	54	22,261	4,705	20
18	28,618	33	1,430	54	22,355	4,726	20
19	28,600	33	1,429	54	22,342	4,722	20
20-24	136,458	155	6,818	259	106,599	22,534	93
25-29	127,431	144	6,364	241	99,546	21,048	88
30-34	124,121	140	6,197	235	96,960	20,504	85
35-39	117,770	133	5,881	222	91,999	19,455	80
40-44	112,369	130	5,611	215	87,776	18,562	75
45-49	113,068	130	5,641	210	88,329	18,683	75
50-54	112,501	128	5,610	210	87,885	18,593	75
55-59	103,902	117	5,184	195	81,166	17,169	71
60-64	92,508	105	4,616	175	72,263	15,286	63
65-69	77,554	88	3,864	146	60,579	12,824	53
70-74	60,555	68	3,012	112	47,299	10,023	41
75-79	43,678	48	2,167	81	34,117	7,236	29
80-84	27,397	30	1,358	50	21,396	4,545	18
85 y más	24,908	28	1,227	45	19,452	4,139	17
Hombres	851,073	1,047	44,446	1,866	665,490	137,591	633
0-4	42,836	52	2,238	94	33,495	6,925	32
0	8,285	10	433	18	6,479	1,339	6
1	8,394	10	438	18	6,565	1,357	6
2	8,533	10	446	19	6,672	1,380	6
3	8,705	11	455	19	6,806	1,407	7
4	8,919	11	466	20	6,973	1,442	7
5-9	49,482	61	2,585	109	38,690	8,000	37
5	9,172	11	479	20	7,172	1,483	7
6	9,470	12	495	21	7,404	1,531	7
7	9,815	12	513	22	7,674	1,587	7
8	10,201	13	533	22	7,976	1,649	8
9	10,824	13	565	24	8,464	1,750	8
10-14	63,684	79	3,326	140	49,795	10,296	48
10	11,241	14	587	25	8,790	1,817	8
11	11,877	15	620	26	9,287	1,920	9
12	12,900	16	674	28	10,086	2,086	10
13	13,556	17	708	30	10,599	2,192	10
14	14,110	17	737	31	11,033	2,281	11
15-19	72,656	90	3,794	160	56,811	11,746	55
15	14,431	18	754	32	11,283	2,333	11
16	14,502	18	757	32	11,339	2,345	11
17	14,549	18	760	32	11,376	2,352	11
18	14,598	18	762	32	11,415	2,360	11
19	14,576	18	761	32	11,398	2,356	11
20-24	69,318	85	3,620	152	54,203	11,206	52
25-29	64,146	79	3,350	141	50,158	10,370	48
30-34	62,119	75	3,244	135	48,577	10,043	45
35-39	59,022	72	3,082	129	46,152	9,542	45
40-44	56,187	70	2,934	125	43,935	9,083	40
45-49	55,710	70	2,909	120	43,565	9,006	40
50-54	55,039	68	2,873	120	43,041	8,897	40
55-59	51,302	63	2,679	112	40,115	8,294	39
60-64	45,525	56	2,378	100	35,598	7,359	34
65-69	37,097	46	1,937	82	29,006	5,998	28

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2032**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	27,782	34	1,451	61	21,722	4,493	21
75-79	19,019	23	993	42	14,872	3,075	14
80-84	11,202	13	586	24	8,759	1,812	8
85 y más	8,947	11	467	20	6,996	1,446	7
Mujeres	870,404	905	41,459	1,380	679,260	146,862	538
0-4	40,901	42	1,949	66	31,917	6,902	25
0	7,909	8	377	13	6,171	1,335	5
1	8,015	8	382	13	6,255	1,352	5
2	8,147	8	388	13	6,358	1,375	5
3	8,313	9	396	13	6,487	1,403	5
4	8,517	9	406	14	6,646	1,437	5
5-9	47,211	49	2,248	74	36,845	7,966	29
5	8,757	9	417	14	6,834	1,478	5
6	9,037	9	430	14	7,053	1,525	6
7	9,366	10	446	15	7,309	1,580	6
8	9,730	10	463	15	7,594	1,642	6
9	10,321	11	492	16	8,055	1,741	6
10-14	60,830	63	2,897	97	47,471	10,264	38
10	10,731	11	511	17	8,374	1,811	7
11	11,358	12	541	18	8,864	1,916	7
12	12,332	13	587	20	9,623	2,081	8
13	12,944	13	617	21	10,101	2,184	8
14	13,465	14	641	21	10,509	2,272	8
15-19	69,657	72	3,318	110	54,360	11,753	44
15	13,787	14	657	22	10760	2326	8
16	13,879	14	661	22	10831	2342	9
17	13,947	14	664	22	10885	2353	9
18	14,020	15	668	22	10940	2366	9
19	14,024	15	668	22	10944	2366	9
20-24	67,140	70	3198	107	52396	11328	41
25-29	63,285	65	3014	100	49388	10678	40
30-34	62,002	65	2953	100	48383	10461	40
35-39	58,748	61	2799	93	45847	9913	35
40-44	56,182	60	2677	90	43841	9479	35
45-49	57,358	60	2732	90	44764	9677	35
50-54	57,462	60	2737	90	44844	9696	35
55-59	52,600	54	2505	83	41051	8875	32
60-64	46,983	49	2238	75	36665	7927	29
65-69	40,457	42	1927	64	31573	6826	25
70-74	32,773	34	1561	51	25577	5530	20
75-79	24,659	25	1174	39	19245	4161	15
80-84	16,195	17	772	26	12637	2733	10
85 y más	15,961	17	760	25	12456	2693	10

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2033

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,729,582	1,938	86,746	3,222	1,354,175	282,335	1,166
0-4	82,319	92	4,136	155	64,455	13,426	55
0	16,023	18	805	30	12,545	2,614	11
1	16,187	18	813	30	12,675	2,640	11
2	16,406	18	824	31	12,846	2,676	11
3	16,680	18	838	32	13,061	2,720	11
4	17,023	20	856	32	13,328	2,776	11
5-9	93,024	104	4,674	174	72,836	15,173	63
5	17,442	20	877	32	13,656	2,845	12
6	17,935	20	901	34	14,043	2,925	12
7	18,516	20	930	35	14,499	3,020	12
8	19,190	22	964	36	15,025	3,130	13
9	19,941	22	1,002	37	15,613	3,253	14
10-14	118,343	134	5,945	220	92,659	19,304	81
10	21,160	24	1,063	39	16,569	3,451	14
11	22,009	25	1,105	41	17,233	3,590	15
12	23,290	26	1,170	44	18,235	3,799	16
13	25,299	29	1,271	47	19,807	4,127	18
14	26,585	30	1,336	49	20,815	4,337	18
15-19	141,953	159	7,130	267	111,144	23,156	97
15	27,678	31	1,390	52	21,671	4,515	19
16	28,335	32	1,423	53	22,186	4,622	19
17	28,511	32	1,432	54	22,323	4,651	19
18	28,652	32	1,439	54	22,433	4,674	20
19	28,777	32	1,446	54	22,531	4,694	20
20-24	139,261	157	6,993	261	109,037	22,719	94
25-29	128,766	143	6,464	241	100,819	21,011	88
30-34	124,420	140	6,244	231	97,416	20,304	85
35-39	119,384	133	5,990	222	93,475	19,484	80
40-44	112,610	128	5,651	210	88,169	18,376	76
45-49	112,594	127	5,648	210	88,153	18,381	75
50-54	112,853	125	5,656	210	88,361	18,426	75
55-59	105,493	118	5,290	196	82,597	17,221	71
60-64	94,502	106	4,741	176	73,987	15,428	64
65-69	79,747	88	3,995	148	62,436	13,027	53
70-74	63,021	71	3,150	117	49,337	10,303	43
75-79	45,631	51	2,277	84	35,721	7,469	29
80-84	29,191	33	1,451	53	22,852	4,782	20
85 y más	26,470	29	1,311	47	20,721	4,345	17
Hombres	855,123	1,038	44,926	1,855	670,143	136,530	631
0-4	42,112	51	2,213	92	33,003	6,723	30
0	8,198	10	431	18	6,424	1,309	6
1	8,280	10	435	18	6,489	1,322	6
2	8,392	10	441	18	6,577	1,340	6
3	8,533	10	448	19	6,688	1,362	6
4	8,709	11	458	19	6,825	1,390	6
5-9	47,604	57	2,501	103	37,307	7,600	36
5	8,921	11	469	19	6,991	1,424	7
6	9,177	11	482	20	7,192	1,465	7
7	9,477	11	498	21	7,427	1,513	7
8	9,821	12	516	21	7,697	1,568	7
9	10,208	12	536	22	8,000	1,630	8
10-14	60,531	74	3,180	130	47,437	9,665	45
10	10,831	13	569	23	8,489	1,729	8
11	11,259	14	591	24	8,824	1,798	8
12	11,905	14	625	26	9,330	1,901	9
13	12,935	16	680	28	10,136	2,065	10
14	13,601	17	715	29	10,658	2,172	10
15-19	72,506	89	3,809	158	56,820	11,575	55
15	14,161	17	744	31	11,097	2,261	11
16	14,490	18	761	31	11,356	2,313	11
17	14,563	18	765	32	11,412	2,325	11
18	14,621	18	768	32	11,458	2,334	11
19	14,671	18	771	32	11,497	2,342	11
20-24	70,777	87	3,718	154	55,465	11,300	53
25-29	64,890	78	3,409	141	50,854	10,360	48
30-34	62,292	75	3,273	135	48,819	9,945	45
35-39	59,770	72	3,140	129	46,841	9,543	45
40-44	56,354	70	2,961	122	44,163	8,997	41
45-49	55,654	67	2,925	120	43,615	8,887	40
50-54	55,159	65	2,898	120	43,229	8,807	40
55-59	51,955	63	2,730	113	40,715	8,295	39
60-64	46,562	57	2,447	101	36,488	7,435	34
65-69	38,320	46	2,013	83	30,031	6,119	28

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2033**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	29,052	36	1,526	63	22,766	4,639	22
75-79	19,987	24	1,050	43	15,664	3,192	14
80-84	11,995	15	629	27	9,400	1,915	9
85 y más	9,603	12	504	21	7,526	1,533	7
Mujeres	874,459	900	41,820	1,367	684,032	145,805	535
0-4	40,207	41	1,923	63	31,452	6,703	25
0	7,825	8	374	12	6,121	1,305	5
1	7,907	8	378	12	6,186	1,318	5
2	8,014	8	383	13	6,269	1,336	5
3	8,147	8	390	13	6,373	1,358	5
4	8,314	9	398	13	6,503	1,386	5
5-9	45,420	47	2,173	71	35,529	7,573	27
5	8,521	9	408	13	6,665	1,421	5
6	8,758	9	419	14	6,851	1,460	5
7	9,039	9	432	14	7,072	1,507	5
8	9,369	10	448	15	7,328	1,562	6
9	9,733	10	466	15	7,613	1,623	6
10-14	57,812	60	2,765	90	45,222	9,639	36
10	10,329	11	494	16	8,080	1,722	6
11	10,750	11	514	17	8,409	1,792	7
12	11,385	12	545	18	8,905	1,898	7
13	12,364	13	591	19	9,671	2,062	8
14	12,984	13	621	20	10,157	2,165	8
15-19	69,447	70	3,321	109	54,324	11,581	42
15	13,517	14	646	21	10,574	2,254	8
16	13,845	14	662	22	10,830	2,309	8
17	13,948	14	667	22	10,911	2,326	8
18	14,031	14	671	22	10,975	2,340	9
19	14,106	14	675	22	11,034	2,352	9
20-24	68,484	70	3,275	107	53,572	11,419	41
25-29	63,876	65	3,055	100	49,965	10,651	40
30-34	62,128	65	2,971	96	48,597	10,359	40
35-39	59,614	61	2,850	93	46,634	9,941	35
40-44	56,256	58	2,690	88	44,006	9,379	35
45-49	56,940	60	2,723	90	44,538	9,494	35
50-54	57,694	60	2,758	90	45,132	9,619	35
55-59	53,538	55	2,560	83	41,882	8,926	32
60-64	47,940	49	2,294	75	37,499	7,993	30
65-69	41,427	42	1,982	65	32,405	6,908	25
70-74	33,969	35	1,624	54	26,571	5,664	21
75-79	25,644	27	1,227	41	20,057	4,277	15
80-84	17,196	18	822	26	13,452	2,867	11
85 y más	16,867	17	807	26	13,195	2,812	10

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2034

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,737,165	1,921	87,516	3,201	1,362,975	280,393	1,159
0-4	81,176	90	4,095	150	63,694	13,092	55
0	15,888	18	801	29	12,467	2,562	11
1	16,015	18	808	30	12,565	2,583	11
2	16,183	18	816	30	12,698	2,610	11
3	16,405	18	828	30	12,872	2,646	11
4	16,685	18	842	31	13,092	2,691	11
5-9	90,133	100	4,548	167	70,721	14,537	60
5	17,024	18	859	32	13,358	2,746	11
6	17,447	20	880	32	13,689	2,814	12
7	17,943	20	905	34	14,078	2,894	12
8	18,521	20	935	34	14,533	2,987	12
9	19,198	22	969	35	15,063	3,096	13
10-14	111,945	126	5,648	208	87,834	18,054	75
10	19,956	22	1,007	37	15,658	3,218	14
11	21,195	24	1,070	39	16,630	3,418	14
12	22,060	25	1,113	41	17,309	3,558	14
13	23,354	26	1,178	44	18,323	3,767	16
14	25,380	29	1,280	47	19,914	4,093	17
15-19	140,381	155	7,082	260	110,148	22,643	93
15	26,683	29	1,346	49	20,938	4,303	18
16	27,788	31	1,402	52	21,803	4,482	18
17	28,454	31	1,435	52	22,327	4,590	19
18	28,657	32	1,446	53	22,485	4,622	19
19	28,799	32	1,453	54	22,595	4,646	19
20-24	141,726	157	7,149	263	111,201	22,861	95
25-29	130,488	145	6,581	241	102,381	21,051	89
30-34	124,777	140	6,291	230	97,900	20,135	81
35-39	120,779	134	6,089	222	94,764	19,490	80
40-44	113,192	125	5,706	209	88,811	18,265	76
45-49	112,145	122	5,650	207	87,991	18,100	75
50-54	112,851	125	5,683	210	88,538	18,220	75
55-59	107,053	119	5,390	196	83,993	17,283	72
60-64	96,299	106	4,852	176	75,554	15,546	65
65-69	81,951	91	4,123	150	64,298	13,235	54
70-74	65,482	71	3,290	119	51,376	10,583	43
75-79	47,603	52	2,386	87	37,345	7,701	32
80-84	31,035	33	1,553	56	24,345	5,028	20
85 y más	28,149	30	1,400	50	22,081	4,569	19
Hombres	858,896	1,028	45,362	1,846	674,475	135,554	631
0-4	41,528	50	2,193	89	32,613	6,553	30
0	8,130	10	429	17	6,385	1,283	6
1	8,193	10	433	18	6,433	1,293	6
2	8,278	10	437	18	6,501	1,306	6
3	8,391	10	443	18	6,590	1,324	6
4	8,536	10	451	18	6,704	1,347	6
5-9	46,126	55	2,436	99	36,222	7,280	34
5	8,710	10	460	19	6,840	1,375	6
6	8,925	11	471	19	7,008	1,409	7
7	9,183	11	485	20	7,211	1,449	7
8	9,481	11	501	20	7,446	1,496	7
9	9,827	12	519	21	7,717	1,551	7
10-14	57,263	69	3,023	123	44,968	9,037	43
10	10,215	12	539	22	8,022	1,612	8
11	10,848	13	573	23	8,519	1,712	8
12	11,285	14	596	24	8,862	1,781	8
13	11,938	14	630	26	9,375	1,884	9
14	12,977	16	685	28	10,190	2,048	10
15-19	71,735	86	3,789	154	56,331	11,322	53
15	13,650	16	721	29	10,720	2,154	10
16	14,216	17	751	31	11,163	2,244	10
17	14,546	17	768	31	11,423	2,296	11
18	14,632	18	773	31	11,490	2,309	11
19	14,691	18	776	32	11,535	2,319	11
20-24	72,058	87	3,806	155	56,585	11,372	53
25-29	65,837	79	3,477	141	51,702	10,389	49
30-34	62,506	75	3,302	135	49,084	9,865	45
35-39	60,404	73	3,190	129	47,434	9,533	45
40-44	56,664	68	2,993	122	44,497	8,943	41
45-49	55,606	65	2,937	120	43,668	8,776	40
50-54	55,162	65	2,913	120	43,318	8,706	40
55-59	52,585	63	2,776	113	41,294	8,300	39
60-64	47,452	57	2,507	101	37,262	7,490	35
65-69	39,539	48	2,087	85	31,050	6,240	29

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2034**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	30,333	36	1,603	65	23,820	4,787	22
75-79	20,977	25	1,108	46	16,471	3,311	16
80-84	12,818	15	678	27	10,065	2,024	9
85 y más	10,303	12	544	22	8,091	1,626	8
Mujeres	878,269	893	42,154	1,355	688,500	144,839	528
0-4	39,648	40	1,902	61	31,081	6,539	25
0	7,758	8	372	12	6,082	1,279	5
1	7,822	8	375	12	6,132	1,290	5
2	7,905	8	379	12	6,197	1,304	5
3	8,014	8	385	12	6,282	1,322	5
4	8,149	8	391	13	6,388	1,344	5
5-9	44,007	45	2,112	68	34,499	7,257	26
5	8,314	8	399	13	6,518	1,371	5
6	8,522	9	409	13	6,681	1,405	5
7	8,760	9	420	14	6,867	1,445	5
8	9,040	9	434	14	7,087	1,491	5
9	9,371	10	450	14	7,346	1,545	6
10-14	54,682	57	2,625	85	42,866	9,017	32
10	9,741	10	468	15	7,636	1,606	6
11	10,347	11	497	16	8,111	1,706	6
12	10,775	11	517	17	8,447	1,777	6
13	11,416	12	548	18	8,948	1,883	7
14	12,403	13	595	19	9,724	2,045	7
15-19	68,646	69	3,293	106	53,817	11,321	40
15	13,033	13	625	20	10,218	2,149	8
16	13,572	14	651	21	10,640	2,238	8
17	13,908	14	667	21	10,904	2,294	8
18	14,025	14	673	22	10,995	2,313	8
19	14,108	14	677	22	11,060	2,327	8
20-24	69,668	70	3,343	108	54,616	11,489	42
25-29	64,651	66	3,104	100	50,679	10,662	40
30-34	62,271	65	2,989	95	48,816	10,270	36
35-39	60,375	61	2,899	93	47,330	9,957	35
40-44	56,528	57	2,713	87	44,314	9,322	35
45-49	56,539	57	2,713	87	44,323	9,324	35
50-54	57,689	60	2,770	90	45,220	9,514	35
55-59	54,468	56	2,614	83	42,699	8,983	33
60-64	48,847	49	2,345	75	38,292	8,056	30
65-69	42,412	43	2,036	65	33,248	6,995	25
70-74	35,149	35	1,687	54	27,556	5,796	21
75-79	26,626	27	1,278	41	20,874	4,390	16
80-84	18,217	18	875	29	14,280	3,004	11
85 y más	17,846	18	856	28	13,990	2,943	11

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.

Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO, SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2035

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
TOTAL	1,744,236	1,915	88,199	3,173	1,371,182	278,617	1,150
0-4	80,255	90	4,064	147	63,089	12,810	55
0	15,776	18	799	29	12,401	2,518	11
1	15,877	18	804	29	12,481	2,534	11
2	16,009	18	811	29	12,585	2,555	11
3	16,183	18	819	30	12,722	2,583	11
4	16,410	18	831	30	12,900	2,620	11
5-9	87,639	96	4,438	161	68,899	13,987	58
5	16,683	18	845	30	13,116	2,663	11
6	17,029	18	862	32	13,388	2,718	11
7	17,452	20	884	32	13,719	2,785	12
8	17,947	20	909	33	14,109	2,864	12
9	18,528	20	938	34	14,567	2,957	12
10-14	105,999	116	5,369	193	83,332	16,919	70
10	19,212	21	973	35	15,103	3,067	13
11	19,991	22	1,013	37	15,716	3,190	13
12	21,243	23	1,076	39	16,700	3,391	14
13	22,121	24	1,120	40	17,392	3,531	14
14	23,432	26	1,187	42	18,421	3,740	16
15-19	137,540	152	6,966	251	108,126	21,954	91
15	25,472	29	1,290	47	20,023	4,066	17
16	26,786	29	1,357	49	21,058	4,275	18
17	27,897	31	1,413	51	21,931	4,453	18
18	28,592	31	1,448	52	22,478	4,564	19
19	28,793	32	1,458	52	22,636	4,596	19
20-24	143,700	158	7,276	262	112,971	22,939	94
25-29	132,537	146	6,709	242	104,188	21,163	89
30-34	125,169	138	6,334	228	98,400	19,989	80
35-39	121,996	133	6,174	222	95,905	19,482	80
40-44	114,118	125	5,773	209	89,711	18,224	76
45-49	111,738	120	5,652	205	87,840	17,846	75
50-54	112,596	124	5,692	204	88,513	17,988	75
55-59	108,506	119	5,484	197	85,298	17,336	72
60-64	97,923	108	4,951	178	76,977	15,644	65
65-69	84,176	92	4,252	153	66,172	13,453	54
70-74	67,846	75	3,420	123	53,333	10,851	44
75-79	49,665	54	2,499	88	39,040	7,952	32
80-84	32,871	37	1,650	57	25,838	5,268	21
85 y más	29,962	32	1,496	53	23,550	4,812	19
Hombres	862,434	1,029	45,759	1,832	678,522	134,664	628
0-4	41,058	50	2,178	87	32,301	6,412	30
0	8,073	10	428	17	6,351	1,261	6
1	8,123	10	431	17	6,391	1,268	6
2	8,190	10	435	17	6,443	1,279	6
3	8,278	10	439	18	6,512	1,293	6
4	8,394	10	445	18	6,604	1,311	6
5-9	44,855	53	2,379	96	35,291	7,003	33
5	8,538	10	453	18	6,718	1,333	6
6	8,714	10	462	19	6,856	1,361	6
7	8,930	11	474	19	7,025	1,394	7
8	9,187	11	487	20	7,228	1,434	7
9	9,486	11	503	20	7,464	1,481	7
10-14	54,232	64	2,878	115	42,668	8,468	39
10	9,834	12	522	21	7,736	1,536	7
11	10,231	12	543	22	8,050	1,597	7
12	10,873	13	577	23	8,554	1,698	8
13	11,316	13	600	24	8,904	1,767	8
14	11,978	14	636	25	9,424	1,870	9
15-19	70,304	84	3,730	149	55,312	10,977	52
15	13,025	16	691	28	10,246	2,034	10
16	13,701	16	727	29	10,780	2,139	10
17	14,269	17	757	30	11,227	2,228	10
18	14,610	17	775	31	11,495	2,281	11
19	14,699	18	780	31	11,564	2,295	11
20-24	73,095	88	3,878	154	57,508	11,413	54
25-29	66,957	80	3,552	142	52,678	10,456	49
30-34	62,736	75	3,329	133	49,358	9,796	45
35-39	60,972	73	3,236	129	47,969	9,520	45
40-44	57,116	68	3,030	122	44,937	8,918	41
45-49	55,570	65	2,948	120	43,720	8,677	40
50-54	55,102	65	2,924	116	43,353	8,604	40
55-59	53,146	63	2,820	113	41,813	8,298	39
60-64	48,206	58	2,558	103	37,925	7,527	35
65-69	40,764	49	2,163	87	32,070	6,366	29

**Cuadro 55. ESTIMACIONES Y PROYECCIONES DE LA POBLACIÓN DE LA PROVINCIA DE PANAMÁ, POR DISTRITO,
SEGÚN SEXO Y EDAD: AL 1 DE JULIO DE 2035**

Sexo y edad	Total	Balboa	Chepo	Chimán	Panamá	San Miguelito	Taboga
Hombres: (Continuación)							
70-74	31,590	38	1,676	67	24,853	4,933	23
75-79	22,010	26	1,168	47	17,316	3,437	16
80-84	13,653	17	725	28	10,742	2,131	10
85 y más	11,068	13	587	24	8,708	1,728	8
Mujeres	881,802	886	42,440	1,341	692,660	143,953	522
0-4	39,197	40	1,886	60	30,788	6,398	25
0	7,703	8	371	12	6,050	1,257	5
1	7,754	8	373	12	6,090	1,266	5
2	7,819	8	376	12	6,142	1,276	5
3	7,905	8	380	12	6,210	1,290	5
4	8,016	8	386	12	6,296	1,309	5
5-9	42,784	43	2,059	65	33,608	6,984	25
5	8,145	8	392	12	6,398	1,330	5
6	8,315	8	400	13	6,532	1,357	5
7	8,522	9	410	13	6,694	1,391	5
8	8,760	9	422	13	6,881	1,430	5
9	9,042	9	435	14	7,103	1,476	5
10-14	51,767	52	2,491	78	40,664	8,451	31
10	9,378	9	451	14	7,367	1,531	6
11	9,760	10	470	15	7,666	1,593	6
12	10,370	10	499	16	8,146	1,693	6
13	10,805	11	520	16	8,488	1,764	6
14	11,454	12	551	17	8,997	1,870	7
15-19	67,236	68	3,236	102	52,814	10,977	39
15	12,447	13	599	19	9777	2032	7
16	13,085	13	630	20	10278	2136	8
17	13,628	14	656	21	10704	2225	8
18	13,982	14	673	21	10983	2283	8
19	14,094	14	678	21	11072	2301	8
20-24	70,605	70	3398	108	55463	11526	40
25-29	65,580	66	3157	100	51510	10707	40
30-34	62,433	63	3005	95	49042	10193	35
35-39	61,024	60	2938	93	47936	9962	35
40-44	57,002	57	2743	87	44774	9306	35
45-49	56,168	55	2704	85	44120	9169	35
50-54	57,494	59	2768	88	45160	9384	35
55-59	55,360	56	2664	84	43485	9038	33
60-64	49,717	50	2393	75	39052	8117	30
65-69	43,412	43	2089	66	34102	7087	25
70-74	36,256	37	1744	56	28480	5918	21
75-79	27,655	28	1331	41	21724	4515	16
80-84	19,218	20	925	29	15096	3137	11
85 y más	18,894	19	909	29	14842	3084	11

NOTA: las estimaciones son del 2020 al 2023; y las proyecciones, del 2024 al 2035.